

PROFILE

Recognized expert and thought leader in population health and nutrition. A champion of systems' thinking. Highly skilled at innovating frameworks to transform processes and leverage technology to maximize effectiveness and outcomes. For 25 years, Dr. El-Kour has delivered progressive strategies integrating and aligning complex humanitarian and development programs and projects on behalf of the United Nations, international, governmental and non-governmental agencies with a behavior change focus. More recently, Dr. El-Kour's technical specialty has evolved to address the changing healthcare and food systems landscape, incorporating media psychology and technology to population health and humanitarian programming to effect regulatory and policy changes and drive population behavior change.

EDUCATION

2015 – 2021

Doctor of Philosophy (Ph.D.) in Psychology with a concentration in Media Psychology
Fielding Graduate University

2015 – 2018

Master of Arts in Psychology
Fielding Graduate University

2003 – 2005

Combined Master of Science and Dietetic
Tufts University and Tufts Medical Center

2001 - 2003

Bachelor of Science/Pre-medical Track
Kansas State University

1995 - 1999

Bachelor of Science
University of Jordan

ACADEMIC ACHIEVEMENTS

Ph.D.

- 2018 recipient of The Michael R. Neal Legacy Award in recognition of collaboration, scholarship, innovation, and advocacy.
- 2017 recipient of the Worldwide Network for Gender Empowerment Research Fellowship.
- 2016 recipient of the Wagenheim Endowed Scholarship for International Doctoral Students.

Masters

- 2005 Rebecca Roubenoff Award for Excellence in Clinical Nutrition and Dietetics, Tufts University and Tufts Medical Centre.
- 2005 Friedman School of Nutrition Science and Policy Graduation Class Valedictorian.
- 2004 Frances Stern Nutrition Centre Summer Scholarship.
- 2003 Frances Stern Nutrition Centre First Year Intern Scholarship, Tufts Medical Centre.
- 2003 First International Nutritionist/Dietitian Award, Academy of Nutrition and Dietetics Foundation.

Bachelors

- Dean's honor list.
- Graduate Teaching Assistant, developing tools for effective online.
- Learning and implementing nutrition and dietetic related issues into course curriculum.
- Clinical Nutrition Traineeship, Royal Medical Services, Amman, Jordan.

SKILLS

- Program & Policy Development
- Social & Behavior Change Communication
- Nutrition Specific & Sensitive Programming
- Evidence-Based Practice
- Nutrition Research & Analysis
- Strategic Planning
- Operations Leadership
- New Media & Public Relations
- Training & Presentations
- Implementation & Outcome Research
- Proposals
- Reporting
- Budget
- Performance Management
- Data & Information Management
- Problem Solving
- Social Marketing
- Collateral Development

SOFTWARE APP.

Microsoft Suite
EndNote
Mendeley
Zotero
Dedoose
NVivo
Netlytic

LANGUAGES

Fluent in **English & Arabic**

Conversant in **French**

Intermediate in **Spanish**

CAREER EXPERIENCES

Aga Khan Foundation – Global (2022 – Present)

Global Advisor, Nutrition - Switzerland (2022 – Present)

Refines and executes an organization-wide nutrition strategy that spans multi-disciplinary integration of nutrition priorities across Aga Khan Foundation programming: Health, Agriculture and Food Security, Gender Equality, Work and Enterprise, Climate Resilience, Early Childhood Development, Education, and Civil Society. Offers technical support and strategic insights to field units spanning countries in Central and South Asia, East and South Africa, and the Middle East and North Africa, strengthening program design and resource mobilization to create and sustain partnerships with Aga Khan Development Network sector leads, endline uses of nutrition programming, and integration with donor strategies.

Action Against Hunger – Multiple Locations (2016 – 2022)

Health and Nutrition Coordinator for Syria Mission - Syria (2018 – 2022)

- Designed oversight, coordinated technical leadership and management of health, mental health, nutrition, and care practice programming with a focus on integrated primary healthcare support, multisectoral engagement, healthcare management, nutrition, healthy lifestyle promotion, mental health and psychosocial support for emergency relief and early recovery within Syria.
- Managed multimillion dollar budgets for health and nutrition programs relevant to key donors, including BHA/OFDA, OCHA, SDC, SIDA, GAC, and AECID.
- Established and managed staff at high retention rate.
- Negotiated with key stakeholders (donors, authorities, international and national partners, counterparts, beneficiaries, and other external actors) in relation to needs and interventions.

Nutrition Coordinator for Lebanon Mission – Lebanon (2017 - 2017)

- Led negotiation efforts with national and United Nations counterparts and guided policies related to nutritional program development for Action Against Hunger, while increasing advocacy efforts, funding, and visibility for nutrition sensitive and specific initiatives.
- Provided technical and operational leadership in building field teams that could manage emergency and sustainable nutritional needs. Built capacity of local staffing in relation to needs and interventions.

EXPERTISE

- Positive & Media Psychology
- Dietetics & Metabolism
- Hunger
- Behavior Change
- Clinical Nutrition & Evaluation
- Immersive Technologies
- Monitoring & Evaluation
- Healthcare System
- Research Methodologies
- Advocacy & Funding
- Team Building & Leadership
- Public Health Communication
- Food & Nutrition Policy
- Media Innovation
- Food, Nutrition & Primary Healthcare Programming
- Social & Media Impact
- Disease Promotion & Injury Prevention
- Public Speaking

Regional Nutrition Officer - Middle East Region – Jordan (2016 - 2016)

Collaborated in leading Syria's nutrition response system that included strengthening advocacy, funding, and profile-raising efforts for this crisis, while providing essential support for the refugees. Led negotiation, mediation, advocacy, and technical efforts for emergency and sustainable nutrition projects in the Middle East region, and Syrian environment.

redr uk – Multiple Locations (2017 – 2023)

Associate Trainer and Expert Consultant

- Delivered part-time independent consulting services for evidence based, gender-focused, multicultural, mediation, facilitation, training, and course development services targeting humanitarian programmatic leadership and management, proposal and report writing, monitoring and evaluation, basic and advanced project cycle management, public health, mental health, and the social factors related to health, program development, referral pathways, evaluations, surveys, monitoring, and impact assessments.
- Co-developed and delivered a series of online course modules during 2020 on special topic areas within the context of COVID-19 in the Middle East and North Africa region, including stress management, basic and advanced mental health support, gender and inclusion, basic risk communication and community engagement, and developed the advanced risk communication and community engagement module.

World Health Organization – Multiple Locations (2005 – 2015)

International Technical Officer, Eastern Mediterranean Regional Director's Office - Egypt (2012 – 2015)

- Offered strong leadership and management efforts within the Office of the Regional Director, Eastern Mediterranean Regional office in Cairo, Egypt, leveraging decades of experience in public and private organizations, throughout tenure.
- Filled many roles due to success in negotiations, coordination, and execution of high-level dialogues and complex projects related to public health policies and programs, including mental health, in addition to Regional Committee meetings, and high-level meetings on saving the lives of mothers and children (2013), and the high-level regional forum on physical activity (2014).
- Identified effective change opportunities while managing opposition and uncertainty, then consistently meeting and exceeding organization's expectations.
- Counseled the regional and divisional directors, agency representatives, and external subject matter experts on securing data, preparing technical documentation, and reports.
- Performed project progress analysis and inter-program/sector activities related to priorities, and included non-communicable/communicable disease, family health, system strengthening, emergency preparedness, effective response systems, and emphasized food and nutrition programs.

- Created and secured info graphics and media support of pencilimation for salt reduction, mother and child health, physical activity benefits, and nutritional policy.
- Generated reports, with action item follow-up, and organized critical multidisciplinary meetings.
- Proposed and implemented analytical methods, tools, and metrics related to monitoring and evaluating technical initiatives.

National Professional Officer – Jordan (2008 – 2012)

- Championed expert design, implementation, monitoring, and evaluation of local public health policies and programs, including food/nutrition program development.
- Advised on and drafted concept papers, research proposals, technical and progress reports in collaboration with program staff. Created/reviewed materials to raise regional/national awareness and advocacy efforts for scientists, health care professionals, students, patients, and the public, including intranet/internet data, press releases, op-ed columns in national/regional newspapers, and social media tools.
- Appointed on advisory boards for creation of national guidelines in support of food and nutrition programs.
- Developed and participated in a wide range of programs pertinent to micronutrient supplementation, breastfeeding, national food/nutrition policy and strategy, food security, food safety, non-communicable disease prevention, and management, palliative care, genetics and hereditary disorders, gender in health and development, human rights for health, and injury/disease prevention.
- Trained national stakeholders, including government, non-government, and private sectors for evidence-based and structured health and nutrition policies related to program areas.
- Appointed on various United Nations groups pertinent to communication, youth, violence, and social protection, and represented organization in meetings, conferences, or interagency missions.

Technical Officer – Jordan (2006 –2008)

- Developed, supported, and analysed implementation of national nutrition, macroeconomic, and public health strategies.
- Spearheaded nutrition and community-based initiatives in related programs, including non-communicable diseases, reproductive health, and emergency relief.
- Drafted concept papers, scientific proposals, technical and non-technical reports, progress reports, updates for bulletins, newsletter, Web site material, and press releases.
- Created tools and materials to support establishment of programs and policies.

Nutrition & Food Policy Advisor – Jordan (2005 – 2006)

- Led the organization design, implementation, advocacy, monitoring, and evaluation of local food and nutrition policies/programs.
- Advised on and authored public health nutrition research proposals in collaboration with program staff and developed and reviewed nutrition and health education materials.

Private Clinical Practice (2005 – 2022)

Consultant, Clinical Nutrition – Jordan (2005 – 2012). Virtual Clinic (2016 – 2022)

- Provided direct nutrition-focused physical assessment, diagnosis, care and monitoring to individuals and disadvantaged groups, including prevention and management of multiple macronutrient (protein and energy malnutrition) and micronutrient (iron, zinc, calcium, vitamins A, B, C, D and E, iodine, selenium, copper) deficiencies, fluid and electrolyte imbalances, drug-nutrient, and food-related interactions, behavior change management, and diverse health and diet related challenges. Observed patient care, advised on best evidence-based practices and customized products and treatment protocols.

- Appointed Subject Matter Expert to renowned regional hospitals in Jordan, Egypt, Syria, and Lebanon to advise Opinion Leaders, Doctors, and hospital staff on nutritional support therapy and Standards of Practice development.
- Trained multidisciplinary healthcare staff at Al-Basheer Public Hospital in maintenance of oncology nutrition standards improving SOPs and patient satisfaction.
- Slashed length of critical care/hospital stay and improved electrolyte balance via nutrition support therapy to specific patient populations.
- Designed and implemented a program for pediatricians/pediatric gastroenterologists at Mashfa Al-Asad Al-Jame'ey in Damascus to apply pediatric nutrition support therapy that reduced mortality rates in neonatal and pediatric ICUs, particularly during times of reorganization and disruption.

ADDITIONAL EXPERIENCES

- **Metabolic Nutrition Research Technician** USDA Jean Mayer Human Nutrition Research Center on Aging at Tufts University, Boston, MA.
- **Menu & Recipe Analyst** Tufts University and Tufts Medical Center, Boston, MA.
- **Statistical Data Entry Assistant** Tufts University and Tufts Medical Center, Boston, MA.
- **Nutrition Line Specialist** Novartis Consumer Health Inc., Near East Regional Office, Amman, Jordan.
- **Medical Representative** Jordan Drugstore Company, Amman, Jordan.

PROFESSIONAL BOARD/ RESEARCH CREDENTIALS

- 2015 – Present** Recognized Fellow of the Academy of Nutrition and Dietetics (FAND).
- 2005 – 2026** Dietetic Board Registration by Commission on Dietetic Registration.
- 2015 – 2023** Collaborative Institutional Training Initiative (CITI Program) Human Research Certificate at the University of Miami through Fielding Graduate University.
- 2009 – 2014** Certified Nutrition Support Clinician Credential, National Board for Nutrition Support Certification.
- 2009 – 2013** The Certified Tobacco Treatment Specialist Credential by Mayo Clinic.

PROFESSIONAL LICENSES

- 2005 – Present** Government of Jordan Full Medical Nutrition Licensure of Practice.
- 1999 – Present** Jordan Agricultural Engineers Association Certificate of Practice for Agricultural Engineers.

SELECT PROFESSIONAL AFFILIATIONS

- Academy of Nutrition and Dietetics
- Society for Nutrition Education and Behavior
- American Society for Nutrition
- American Psychological Association
- International Communication Association
- Institute of Electrical and Electronics Engineers
- Association for Psychological Sciences
- Neuromarketing Science and Business Association

- American Society for Parenteral and Enteral Nutrition
- The Society for Implementation Science in Nutrition (SISN)
- The International Society for Evidence-based Healthcare
- The International Network of Women against Tobacco
- Jordan Agricultural Engineers Association

AWARDS & HONORS

2022 Recipient of the Award of Excellence in Public Health/Community Nutrition, Public Health/Community Nutrition Dietetics Practice Group. Academy of Nutrition and Dietetics.

2019 The 32nd Annual Doris Drees Distinguished Speaker at the University of Dayton Featuring "Disrupting the Hunger Cycle in a Digital World." Dayton, OH.

2019 Recognized Presenter of the Wimpfheimer-Guggenheim International Lectureship on Food and Nutrition in Disaster and Humanitarian Relief: Lessons Learned from Syria and Venezuela by the Academy of Nutrition and Dietetics Foundation at the 2019 Food and Nutrition Conference & Expo.

2018 The 44th Annual Shugart Lecture Distinguished Speaker at the of K-State College of Human Ecology Featuring "Dietetics 3.0: Transforming Practice through AI Engagement". Manhattan, KS.

2018 Country Representative Star Award. International Affiliate of the Academy of Nutrition and Dietetics (IAAND).

2018 Division 52 - Psi Chi International Conference Travel Grant Award. American Psychological Association Convention.

2018 El-Kour T., Hogg, J.L., and Sewell, D. "Is Facebook the Message of Nutrition Misinformation." American Psychological Association Convention. Poster Honorable Mention: Region of North American. Division 52. International Psychology. Student-First-Authored Poster Contest.

2018 The Michael R. Neal Legacy Award. Fielding Graduate University.

2018 Inducted member of the PSI CHI International Honor Society in Psychology.

2017 Gwendolyn Rossell Memorial Continuing Education Award. Academy of Nutrition and Dietetics Foundation.

2015 Leah Horowitz Humanitarian Award. Friedman School Alumni Association Award. Tufts University.

2011 Outstanding Young Member of the Year Award. Public Health and Community Nutrition Dietetic Practice Group. Academy of Nutrition and Dietetics.

2011 Global Scholar Delegate. Special Olympics World Summer Games, Athens, Greece.

2009 Young Professional of the Year Award. Kansas State University.

2009 World Health Organization Scholar at the 19th International Congress of Nutrition, Thailand.

2009 World Health Organization Scholar at the 14th World Conference for Tobacco or Health, India.

2006 Recognized Young Dietitian of the Year Award. Academy of Nutrition and Dietetics.

2005 Rebecca Roubenoff Award for Excellence in Clinical Nutrition and Dietetics. Tufts Medical Center.

2005 Graduation Class Valedictorian. Friedman School of Nutrition Science and Policy. Tufts University.

2005 Outstanding Dietetic Intern Award. Massachusetts Dietetic Association. Academy of Nutrition and Dietetics.

2003 Student Scholarship Award. Dietitians in Nutrition Support Dietetic Practice Group. Academy of Nutrition and Dietetics.

2003 Outstanding Dietetic Student Award. Kansas Dietetic Association. Academy of Nutrition and Dietetics.

GRANTS & FELLOWSHIPS

2018 The Middle East Dietetics Needs Assessment Policy Grant. Academy of Nutrition and Dietetics Foundation.

2018 Division 52 - Psi Chi International Conference Travel Grant Award. American Psychological Association Convention.

2018 Kids Eat Right International (KERI) Grant Award. The International Affiliate of the Academy of Nutrition and Dietetics.

2017 The Worldwide Network for Gender Empowerment Research Fellowship. Fielding Graduate University.

2017 American Psychological Association Travel Grant for International Psychologists and Psychology Students to attend the APA Annual Convention.

2017 Speakers Bureau Grant. Hunger and Environmental Nutrition Dietetic Practice Group for presenting at the 2017 Society for Nutrition Education and Behavior Annual Conference.

2003 First International Nutritionist/ Dietitian Fellowship by the American Dietetic Association.

SCHOLARSHIPS

2018 The Michael R. Neal Legacy Scholarship of the Media Psychology Doctoral Program. Fielding Graduate University.

2016 The Wagenheim Endowed Scholarship for International Doctoral Students. Fielding Graduate University.

2011 Global Scholar. Special Olympics World Summer Games, Athens, Greece.

2009 World Health Organization Scholar at the 19th International Congress of Nutrition.

2009 World Health Organization Scholar at the 14th World Conference for Tobacco or Health.

2004 Frances Stern Nutrition Center Summer Scholarship. Tufts Medical Center.

2003 Student Scholarship. Dietitians in Nutrition Support Dietetic Practice Group. American Dietetic Association.

2003 Frances Stern Nutrition Center First Year Intern Scholarship. Tufts Medical Center.

PROFESSIONAL CERTIFICATIONS

2023 Certificate of Attendance in **Climate Change, Environment, and Health in Pakistan: Opportunities for Change** Conference by the Institute for Global Health and Development at Aga Khan University (IGHD-AKU), in collaboration with the Aga Khan Development Network (AKDN) and the Sustainable Solutions Development Network Pakistan (SDSN-PK), Main Auditorium, Aga Khan University-Karachi Campus.

2023 Certificate of Training in **Measuring Energy Poverty and Its Effect on People's Health and Wellbeing Outcomes** by the National Centre for Research Methods, United Kingdom.

2023 Certificate of Training in **Advanced Leadership Development, Leadership Institute, Academy of Nutrition and Dietetics.**

2023 – 2028 Virtual Certificate of Training in **Obesity in Adults & Pediatrics** by Commission on Dietetic Registration.

2022 The 'Big Five' Fundamental Security Package Certificate (**first aid, personal, residential, fire safety and online security**) by Aga Khan Development Network.

2022 Certificate of e-Training in **Risk Analysis** by Action Against Hunger.

2022 Advanced Certificate in Training of Trainers: **Training for Health Community Workers on the IMAM Protocol.**

2022 Certificate of e-Training in **Maximizing the Nutritional Impact of Food Security and Livelihood Interventions** by Action Against Hunger.

2022 Certificate of e-Training in **Cash and Voucher Assistance for Health and Nutrition** by Action Against Hunger.

2022 Certificate of e-Training in **Accountability and Beneficiaries** by Action Against Hunger.

2021 Certificate of e-Training in **Disaster Risk Reduction, Climate Change Adaptation and Resilience** by Action Against Hunger.

2021 Certificate of e-Training in **Conflict Sensitivity** by Action Against Hunger.

2021 Certificate of e-Training in **Financial Management Tools** by Action Against Hunger.

2021 Certificate of e-Training in **External Communication and Institutional Argumentation** by Action Against Hunger.

2021 Certificate of e-Training in **Gender Analysis** by Action Against Hunger.

2021 Certificate of Online Training in **Personal Security Awareness** Training by International Location Safety (Equivalent to HEAT Training).

2020 Certificate of e-Training in **Microsoft Teams** by Action Against Hunger.

2020 Certificate of e-Training in **Safeguarding** by Action Against Hunger.

2020 Certificate of e-Training in **Teleworking Skills** by Action Against Hunger.

2020 Certificate of Training in **Nutrition and Health International Workshop** by Action Against Hunger.

2020 Certificate of e-Training in **Designing Search Strategies for Systematic Reviews** by The Clinical Research Institute (CRI) in collaboration with the University Libraries- Saab Medical Library at the American University of Beirut.

2020 Certificate of e-Training in **Arabic Psychometric Scales in Research: Methods of Cultural and Linguistic Adaptation** by The Clinical Research Institute (CRI) in collaboration with the Initiative for Mental Health Psychology, and Advanced Clinical Training (IMPACT) and the Department of Psychology at the American University of Beirut Medical Center.

2020 Certificate of e-Training in **Designing and Using Web-Based Surveys** by the Clinical Research Institute (CRI) at the American University of Beirut Medical Center.

2020 Certificate of e-Training in **Business Analytics Levels 1, 2 and 3** by Action Against Hunger.

2020 Certificates of e-Training in **COVID-19 Essential Knowledge** by Action Against Hunger and by World Health Organization.

2020 Certificate of Behavioral Health Nutrition 2-days Online Interactive Retreat 2020: **Expanding the Boundaries of Behavioral Health Nutrition**. Behavior Health Nutrition Dietetic Practice Group of the Academy of Nutrition and Dietetics.

2019 Certificate of Training Program in **Mental Health and Care Practices** by Action Against Hunger in Paris, France.

2019 Certificate of Training Program in **Advancing Your Role as Leader (Level 2)** by the Academy of Nutrition and Dietetics, developed in coordination with the Academy Center for Lifelong Learning.

2019 Certificate of Training in **Effects of Media on Child and Adolescent Health**. Post-Conference Continuing Education 7 Credits Workshop at the 127th American Psychological Association Annual Convention.

2019 Certificate of **Nutrition in Emergencies** by the United Nations Children's Fund (UNICEF).

2019 Certificate of Training in **Ensuring the Preparedness and Security of Health-Care Facilities in Armed Conflict and Other Emergencies** by the International Committee of the Red Cross (ICRC).

2019 Certificate of Training in **Fraud Awareness and Prevention** by the United States Agency of International Development (USAID).

2019 Certificate of Training in **Preventing and Responding to Workplace Harassment** by Action Against Hunger.

2019 Certificate of e-Training in **Prevention of Money Laundering and Terrorist Financing** by Action Against Hunger.

2019 Certificate of Training in **Different Needs - Equal Opportunities: Increasing Effectiveness of Humanitarian Action for Women, Girls, Boys and Men** by the Inter-Agency Standing Committee (IASC).

2019 Certificate of Training in **Preventing Sexual Exploitation and Abuse (SEA) of Beneficiaries** by InterAction.

2019 Certificate of Training in **Preparing and Responding to Active Shooter Incidents** by the United Nations Department of Safety and Security.

2019 Certificate of Training in **BSAFE** by the United Nations Department of Safety and Security.

2019 Certificate of Training in **Protection Mainstreaming in Humanitarian Work** by the Danish Refugee Council.

2019 Certificate of Training in **Sexual Exploitation and Abuse and as Referent for Sexual Harassment in the Workplace** by Action Against Hunger.

2019 Certificate of Training in **PowerBi Software** for Programming within Syria by Action Against Hunger.

2018 Certificate of Training in **Nutrition and Health International Workshop** by Action Against Hunger.

2018 Certificate of World Vision **Personal Security** Online Training Course.

2018 Certificate of Training in **Acceptance-Based Approaches for Obesity and Weight-Related Distress**. Post-Conference Continuing Education 7 Credits Workshop at the 126th American Psychological Association Annual Convention.

2017 Certificate of Training in **ArcGIS 2: Essential Workflows** by Esri Training.

2017 Certificate of Training in **ArcGIS 1: Introduction to Geographic Information Systems** by Esri Training.

2017 Certificate of Training on in **Clinical Competencies for Spiritually Integrated Practice**. Pre-Conference Continuing Education Workshop at the 125th American Psychological Association Annual Convention.

2017 Certificate of Training in **Using Monitoring and Evaluation to Improve the Effectiveness of Global Health Programs** at Realizing Global Health, Washington, D.C.

2017 Certificate of Training in **Technologies for Teaching and Learning in Nutrition Education and Beyond** at the Society for Nutrition Education and Behavior Post-Conference Workshop.

2017 Certificate of Training on **Next Steps in PSE: Effective Evaluation Methods in Policy, Systems, and Environmental** at the Society for Nutrition Education and Behavior Pre-Conference Workshop.

2017 Certificate of **Beginners Improv** Training by Hoopla of London, UK.

2016 Certificate of **Innovation for Crisis** by UNDP-UNHCR Regional Joint Secretariat.

2016 Certificate of Training in **Comprehensive Information Management** Training Package by the Global Nutrition Cluster.

2016 Certificate of e-Training in **Time Management** by Action Against Hunger.

2016 Certificate of e-Training in **Stress Management** by Action Against Hunger.

2016 Certificate of e-Training in **Kidnapping** by Action Against Hunger.

2016 Certificate of Training in **SMART Methodology**, Standardized Training Package by the Global Nutrition Cluster.

2016 Certificate of **Coordinated Assessments** Training Package by the Global Nutrition Cluster.

2016 Certificate of **Community-Based Management of Acute Malnutrition** Training Package by the Global Nutrition Cluster.

2016 Certificate of **Infant and Young Child Feeding in Emergencies** Training Package by the Global Nutrition Cluster.

2016 Certificate of **Advanced Advocacy** Training Course at Action Against Hunger.

2016 Certificate of Completion of Action Against Hunger **Induction Training Series**.

2016 Certificate of Training of Action Against Hunger in **Epidemiology of Hunger**.

2016 Certificate of Training of Action Against Hunger in **Personal Security**.

2015 Certificate of the American Management Association Course in **Developing Your Emotional Intelligence**.

2015 Certificate of the **Intensive Residential Nutrition Support Advanced Traineeship** at the University of Virginia Health Systems.

2013 Certificate of **Social Media Marketing** by Digital Marketing Institute Distance Learning Course.

2012 Certificate of Consensus Building Institute and World Health Organization Distance Learning Course in **Introduction to Negotiation Skills**.

2012 Certificate of World Health Organization **Programmatic Monitoring and Reporting** Training Course.

2012 United Nations Department of Safety and Security Certificate **Advanced Security in the Field – Staff Safety, Health and Welfare** Course.

2012 United Nations Department of Safety and Security Certificate **Basic Security in the Field – Staff Safety, Health and Welfare** Course.

2011 Certificate of Residential Training Program in **Quitline Development and Improvement** at the International Quitline Institute, Seattle, WA.

2011 Certificate of Intensive Residential Training Course in **Health and Human Rights** at Heidelberg University, Germany.

2010 Certificate of **Motivational Interviewing for Health Behavior Change** by the American Dietetic Association Pre-FNCE 2010 Workshop.

2010 Certificate of the World Health Organization **Communications for Health** Training Course.

2010 Certificate of the World Health Organization in **Injury Prevention and Safety Promotion**.

2010 Certificate of the UNAIDs Onsite and e-course Training in **Uniting the World Against HIV/AIDs**.

2010 Certificate of the Healthcare Accreditation Council **Effective Risk Management** Course.

2010 World Bank Institute Course in **Basics of Health Economics**.

2009 Certificate of **International Nutritional Epidemiology** and Intensive Residential Postgraduate Course in International Nutritional Epidemiology by Imperial College in London, UK.

2009 Certificate of **Online Postgraduate Course in Nutrition and Behavior Management** at University of Medicine and Dentistry New Jersey.

2009 Certificate of the World Health Organization Intensive Training Course in **Health Systems Strengthening**.

2008 American Dietetic Association **Scientific Research and Evidence Analysis** Training Workshop Certificate for Evidence Analysts.

2008 Certificate of **Building your Communication Skills through Media** Training by the American Dietetic Association Pre-FNCE 2008 Workshop.

2008 World Health Organization **International Health Regulation** Online Course Briefing for WHO Country Offices Certificate.

2008 United Nations Development Fund Certificate: **Capacity Assessments to Capacity Development Strategies and Results Based Management Activities**.

2008 UNICEF Training Certificate: **Communication for Behavioral Impact (COMBI) towards Violence in Children**.

2008 Certificate of the World Health Organization Eastern Mediterranean Regional Training in **Tobacco Control Advocacy and Communication**.

2007 Certificate of the World Health Organization Eastern Mediterranean Short Course **Health Promotion Program Planning, Implementation and Evaluation**.

2007 Certificate of the International Epidemiology Association Workshop by Professor Eduardo Franco. **Reading, Writing and Publishing in Epidemiology and Clinical Medicine**.

2007 UNICEF Regional Office for the Middle East and North Africa Certificate **The Focal Point Training for the Sexual Exploitation and Abuse**.

2007 United Nations Population Fund Facilitator Certificate **Mediating Change through Culturally Sensitive Approaches**.

2007 American Dietetic Association **Leadership Institute** Certificate.

2007 World Health Organization Certificate **Developing and Using IFA (Information for Action) – a Data Management System for AFP Surveillance**.

2007 MSE & Associates **Strategic Planning II Leadership** Training Certificate by the American Overseas Dietetic Association.

2007 United Nations Department of Safety and Security Certificate **Advanced Security in the Field – Staff Safety, Health and Welfare** Course.

2006 MSE & Associates **Strategic Planning I Leadership** Training Certificate by the American Overseas Dietetic Association.

2006 University of Medicine and Dentistry New Jersey **Evidence-Based Practice Course Modules** Certificate of Continuing Professional Education.

2006 United Nations Department of Safety and Security Certificate **Introduction to Emergency Stress Management**.

2006 United Nations Department of Safety and Security Certificate **Basic Security in the Field – Staff Safety, Health and Welfare** Course.

2006 Certificate of the United Nations Facilitator Training Workshop in **HIV/AIDS in the Workplace**.

2006 Certificate of the United Nations **Human Rights Based Approach to Programming and Gender Perspective** Training.

2005 Certificate of the **American Diabetes Association Advanced Postgraduate Course**.

2004 American Red Cross **First Aid** Certificate; **Adult CPR/AED and Child and Infant CPR** Certificates.

2004 Investigator 101 Certificate – Tufts University Office for Human Research Protections/Public Responsibility in Medicine and Research.

2004 Human Participant Protections Education for Research Teams Certificate by the National Institutes of Health.

2004 ServSafe Food Protection Manager Certification by the National Restaurant Association.

2003 American Society for Parenteral and Enteral Nutrition Post Graduate Courses: **Critical Care I & II**.

2003 Advanced Conversational Skills Certificate at the French Cultural Center.

RESEARCH & SCHOLARY ACTIVITIES



<https://orcid.org/0000-0002-4779-830X>

Select Peer-Reviewed Abstracts

El-Kour, T. (2022). The Middle East Dietetics Needs Assessment: Using Data to Drive Change in Policy, Systems and Environment for Impactful Dietetics Practice. *Journal of the Academy of Nutrition and Dietetics*, 122(10). doi: 10.1016/j.jand.2022.08.080

El-Kour, T. (2021). Proposed Model for Categorizing Consumer Digital Behavior Responses towards Health and Nutrition Information Over a Continuum of Technology. *Journal of the Academy of Nutrition and Dietetics*, 121(9). doi: 10.1016/j.jand.2021.06.315

El-Kour, T. (2021). The Effects of Augmented Reality on Digital Behavior Responses in Millennials and Generation-Z: A Randomized Controlled Trial. *Journal of the Academy of Nutrition and Dietetics*, 121(9). doi: 10.1016/j.jand.2021.06.184

El-Kour, T., Nafouj, R., Abo Al-Shamat, R., Hajjar, M., & Nahlawi, M. (2021). Implementing Infant and Young Child Feeding in Emergencies during COVID-19 in Primary Healthcare Facilities in Syria. *Journal of the Academy of Nutrition and Dietetics*, 121(9). doi: 10.1016/j.jand.2021.06.209

El-Kour, T. (2020). Digital Behavior Interventions in Augmented Reality Versus Non-Augmented Reality Contexts: A Randomized Controlled Trial. *Fielding Graduate University*.

- Kelley, K., El-Kour, T., & Jimenez, EY. (2019). An Ounce of Prevention: Weighing the Role of the Registered Dietitian in Population Health. *2019 The North American Primary Care Research Group (NAPCRG) Practice Based Research Network (PBRN) Conference* in Bethesda, MD.
- El-Kour, T., Hogg, J., & Sewell, D. (2018). A Comparison of Facebook Use and Exposure to Nutrition Misinformation among Arabs according to Body Weight. *Journal of the Academy of Nutrition and Dietetics*, 118(10). doi: 10.1016/j.jand.2018.08.021
- El-Kour, T., Hogg, J., & Sewell, D. (2018). Food Consumption Behavior and Body Mass Index Scores Predict Exposure to Nutrition Misinformation on Facebook. *Journal of the Academy of Nutrition and Dietetics*, 118(10). doi: 10.1016/j.jand.2018.08.020
- El-Kour, T., Hogg, J., & Sewell, D. (2018). Is Facebook the Message for Nutrition Misinformation. *2018 American Psychological Association Annual Convention* in San Francisco, CA.
- El-Kour, T., Hogg, J., (2018). Misinforming Arabs with Facebook in Mind: A Mixed-Methods Approach. *Journal of Nutrition Education and Behavior Advancing Research, Practice & Policy, Society for Nutrition Education and Behavior*, 50(7). doi: 10.1016/j.jneb.2018.04.134
- El-Kour, T., Hogg, J., & Sewell, D. (2018). Facebook Use, Food Consumption Behavior, and Risk Perception as Predictors of Exposure to Nutrition Misinformation. *Fielding Graduate University Research Summer Session* in Chicago, IL.
- El-Kour, T. (2017). Media Psychology: A Comprehensive Cross-Cultural Comparative Analysis of Global Dietary Patterns and Best Practices for Autism. *Published abstract and oral presentation at the Second Annual Cyprus International Conference on Autism Treatment and Research of Magic Always Happens, Inc.; Cyprus.*
- Myers, E., Hakeem, R., Bdour, N., El-Kour, T., Atayata, F., Tashtoush, S., Cakir Bicer, N., Sakar, S., Erginbas, C., Kahill, R., Herrerra, M., & Boyd, M. (2017). Middle East Dietetics Needs Assessment: Identifying Opportunities for Future Collaborative Activities. *Journal of the Academy of Nutrition and Dietetics*, 117(9). doi: 10.1016/j.jand.2017.06.323
- El-Kour, T. (2016). Use of Advergaming Affects Food Intake in Children. *Published abstract and poster presentation at the 17th International Congress of Dietetics* in Granada, Spain.
- El-Kour, T. (2016). The Low-Carbohydrate Craze on the Web: A Biased Presentation or An Impartial Truth?. *Published abstract and poster presentation at the 17th International Congress of Dietetics* in Granada, Spain.
- El-Kour, T. (2016). Enhanced Recovery After Surgery: The Pathway to Improved Care. *Published abstract and oral presentation at the First International Conference of Al-Bashir Hospital and Ministry of Health* in Amman, Jordan.
- El-Kour, T. (2016). From Mobile Play to a Healthy Plate: How Gaming Apps are Transforming the Way Children Eat. *Published abstract and oral presentation at the First MENA Regional Conference on Community Psychology Collaboration for Community Change: Insight, Innovation, and Impact. The American University of Cairo, School of Humanities and Social Sciences* in Cairo, Egypt.
- El-Kour, T., & El-Mousaad, H. (2010). Emerging Role of On-Pack Warning Labels in Effective Tobacco Control Policy Implementation. *Indian Journal of CANCER* 47(5), pp. 109-210. <https://www.indianjcancer.com/article.asp?issn=0019-509X;year=2010;volume=47;issue=5;page=109;epage=210;aulast=>

El-Kour, T., & El-Mousaad, H. (2010). New Approaches to Tobacco-Free Practice: Bridging the Global Divide. *Indian Journal of CANCER* 47(5), pp. 109-210.
<https://www.indiancancer.com/article.asp?issn=0019-509X;year=2010;volume=47;issue=5;spage=109;epage=210;aurlast=>

El-Kour, T. (2009). New Approaches to Challenging Food and Nutrition Trends. *Published abstract and poster presentation at the International Congress of Nutrition*. Thailand.

El-Kour, T. (2009). Emerging Role of Media in Changing Nutrition Behavior Outcomes. *Published abstract and poster presentation at the International Congress of Nutrition*. Thailand.

El-Kour, T., & El-Mousaad, H. (2007). Approaches to Effective Food and Nutrition Policy Implementation. *Published abstract and oral presentation at The International Epidemiology Association Conference "Epidemiology: Translating Research to Health Care"*, Saudi Arabia.

Khan, S., El-Kour, T., Sengo, P., & Dwyer, J. (2005). Dietary and Fluid Restrictions: An Issue among Hemodialysis Patients. *Published abstract and poster presentation at the American Society of Nephrology 38th Annual Renal Week Meeting*.

Khan, S., Sengo, P., El-Kour, T., Klinger, D., Caffarielli, M., & Guller. (2005). Medication Adherence Could be an Issue Among Dialysis Patients. *Published abstract and poster presentation at the American Society of Nephrology 38th Annual Renal Week Meeting*.

Select Books & Chapters

El-Kour, T. (2020). Nutrition Communicators Address the Global Challenge of Misinformation. In B. Mayfield (Ed.), *Communicating Nutrition: The Authoritative Guide* (pp. 52-53). Washington, DC: Academy of Nutrition and Dietetics.

Das, U., Papeneophytou, N., & El-Kour, T. (2019). *Autism 360⁰*. 1st Edition. Available from <https://www.elsevier.com/books/autism-360/das/978-0-12-818466-0>

El-Kour, T. (2013). The Dietetics Profession: Profile of Professional Tatyana El-Kour. In J. Payne-Palacio & D. Canter (Eds.), *The Profession of Dietetics: A Team Approach* (pp. 46-47). Sudbury, MA: Jones & Bartlett Learning.

El-Kour, T. (2012). *Your Health is in Your Nutrition*. 1st Edition. Amman, JO: National Library.

El-Kour, T. (2010). Food and Nutrition Patterns. In A. Alwan (Eds.), *Nutrition in Jordan: Update and Plan of Action* (pp.22-29). Amman, JO: The Ministry of Health and WHO.

El-Kour, T. (2006). Food and Nutrition Patterns. In A. Alwan (Eds.), *Nutrition in Jordan*. Amman, JO: The Ministry of Health and WHO.

Select Publications

El-Kour, T. (2023, July). Reorienting Global Efforts to Effectively Deliver on Nutrition Outcomes. *Dietetics and Nutrition Around the World*, 5. <https://internationaldietetics.org/wp-content/uploads/2023/08/DRAFT-DNAW-FOR-JULY-2023-2023-07-21.pdf>

El-Kour, T. (2022). Increasing Covid-19 Vaccine Uptake in Africa. K4D Helpdesk Report. *Institute of Development Studies*. doi: 10.19088/K4D.2022.099

El-Kour, T. (2021). Digital behavior response in Augmented reality versus non-Augmented reality contexts: a randomized controlled trial. *Fielding Graduate University ProQuest Dissertations Publishing, 2021. 28316944*.
<https://www.proquest.com/openview/2604451f481d67e57dca359542d4c82c/1?pq-origsite=gscholar&cbl=18750&diss=y>

El-Kour, T., Kelley, K., Bruening, M., Robson, S., Vogelzang, J., Yang, J., & Jimenez, E. (2020). Dietetic Workforce Capacity Assessment for Public Health Nutrition and Community Nutrition. *Journal of the Academy of Nutrition and Dietetics*, 121(7), pp. 1379-1391. doi: 10.1016/j.jand.2020.08.078

Burgermaster, M., Wong, S., Bateson, W., Qamar, Z., McGuirt, J., MacMillan Uribe, A., El-Kour, T., Spielmaker, A. & Stage, V. (2019). DigiTech Division: Positioning SNEB to Lead the Way in Digital Technology for Nutrition Education and Behavior Change. *Journal of Nutrition Education and Behavior*, 51(3), pp. 265-266. doi: 10.1016/j.jneb.2019.01.016

Caiafa, K., Dewey, K., Michaelsen, K., de Pee, S., Collins, S., Rogers, B., El-Kour, T., Walton, S. & Webb, P. (2019). Food Aid for Nutrition: Narrative Review of Major Research Topics Presented at a Scientific Symposium Held October 21, 2017, at the 21st International Congress of Nutrition in Buenos Aires, Argentina. *Food and Nutrition Bulletin*, 40(1) pp. 111-123. doi: 10.1177/0379572118817951

El-Kour, T. (2010, May/June). A Tasty Mix of Tradition and Nutrition. *Royal Wings Magazine*, (pp.23-24).

World Health Organization. (2010). *Report on the Technical Consultation to Establish a Regional Nutrition Surveillance System with Focus on Micronutrient Malnutrition, Damascus, Syrian Arab Republic 18–21 October 2009* (No. WHO-EM/NUT/252/E).

El-Kour, T. (2008). Social Determinants of Health: Essential Knowledge for Public Health Practitioners. The Digest (peer-reviewed publication of the Public Health and Community Nutrition practice group of AND), Winter 08: 6-7, 9.

El-Kour, T. (2004). 2004 Public Policy Workshop. Building Visions for the Future. Today@MDA (peer-reviewed publication of the Massachusetts Dietetic Association), Summer 04: 6-7.

El-Kour, T. (2004). Nutrition and Public Policy: A Student's Perspective on What We Can Do. Academy of Nutrition and Dietetics Student Scoop (peer-reviewed publication of the Academy of Nutrition and Dietetics); Jan 04 (1): 6-7.

Baxter, A., Highfill, B., & El-Kour, T. (2003). Nutrition and Public Policy. Action Plan for Kansas Dietetic Professionals. KDA Communicator (peer-reviewed publication of the Kansas Dietetic Association); May-Jun 03: 4-5.

Select Professional Review

2005 - 2023 Appointed Scientific Abstract Reviewer for the Academy of Nutrition and Dietetics Annual Food and Nutrition Conference and Exhibition (FNCE® 2023).

2022 - 2023 Reviewer of Editorial Board of Nutrition Today.

2022 - 2023 Reviewer at Topics in Clinical Nutrition Journal.

2016 - 2020 Appointed Scientific Abstract Reviewer of the Society for Nutrition Education and Behavior.

2015 - 2020 Appointed Scientific Abstract Reviewer of the American Society for Nutrition.

2015 - 2017 Appointed Scientific Reviewer of the International Communication Association, divisions of Children, Adolescents & Media, Global Communication & Social Change, Health Communication, and Mobile Communication.

2017 Reviewer (and narrator) of the second module of the Academy of Nutrition and Dietetics Certificate of Training Program in Public Health Nutrition.

2017 Reviewer of the Academy of Nutrition and Dietetics Hunger-Free Communities Facilitator Guide and Tools.

2015 Reviewer of "The Position of the Academy of Nutrition and Dietetics: Dietary Fatty Acids for Healthy Adults."

2015 Reviewer of "The Position of the Academy of Nutrition and Dietetics: The Role of Nutrition in Health Promotion and Disease Prevention" and "The Practice Paper of the Academy of Nutrition and Dietetics: The Role of Nutrition in Health Promotion and Disease Prevention."

2011 - 2013 Appointed Reviewer of the United Nations Trust Fund to End Violence Against Women. Operated by the United Nations Equity for Gender Equality and the Empowerment of Women (UN Women).

2011 - 2012 Appointed Scientific Member. Council on Future Practice. Academy of Nutrition and Dietetics; Mar 2011 – Feb 2012.

2012 Appointed Scientific Abstract Reviewer of International Union for Cancer Control, World Cancer Congress 2012.

2010 Appointed Scientific Abstract Reviewer for Tobacco Control, World Cancer Congress 2010.

2008 External reviewer. National Cancer Institute Publication. Eating Hints for Cancer Patients.

2005 - 2006 Appointed Scientific Reviewer, Peer Review Committee of Oncology Nutrition Dietetic Practice Group. Oncology Nutrition Connection Publication.

SELECT PROFESSIONAL PRESENTATIONS

Peer-Reviewed Presentations

2023 "Disrupting the Health System Cycle: Reimagining AI's Role for Nutrition-Smart Practice" Speaker at the 2023 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo™ (FNCE®) in Denver, CO.

2022 "Syndemics in the New Era of Nutrition and Dietetics". Session Planner & Speaker. FNCE® 2022 Food & Nutrition Conference & Expo™. Orlando, FL & Virtual.

2021 "Digital Behavior Interventions in Augmented Reality Versus Non-Augmented Reality Contexts: A Randomized Controlled Trial". Speaker. Fielding Graduate University Virtual Poster Presentation during Winter Session. USA, Virtual.

2020 "Disrupting the Health System Cycle: Re-Imagining AI's Role for Psyche-Smart Practice?" Session Speaker as part of the Symposium entitled "Strategizing AI in Psychology Practice: Luxury or Necessity?" at the 2020 American Psychological Association Annual Convention. Virtual.

2020 "Local and Global Impacts of COVID-19 on Food Security: Front-Line Realities from Nutrition Professionals." Speaker and Panelist. Academy of Nutrition and Dietetics Foundation COVID-19 Frontline Webinar Series.

2020 "Complex Gender Challenges in Nutrition and Health" at the 5th International Day of Women and Girls in Science Assembly Invited High-Level Panel Speaker on "Equality in Agricultural Science, Technology and Innovation for Inclusive Green Growth." New York, NY.

2019 "Social Media Use and Adolescent Nutrition." Invited Session Speaker at the 3rd Regional Conference on Adolescent Health: Investing in Healthier Generations in Amman, Jordan.

2019 Wimpfheimer-Guggenheim International Lecture- Food and Nutrition in Disaster and Humanitarian Relief: Lessons Learned from Syria and Venezuela. Session Speaker at the 2019 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo™ (FNCE®) in Philadelphia, PA.

2019 "Can AI Bring Healthier Lifestyles and Solve World Problems?" Session Speaker as part of the Symposium entitled "Will Adopting AI Technologies Bring More Benefit or chaos for Psychologists?" at the 2019 American Psychological Association Annual Convention in Chicago, IL.

2019 "How Real-Time Geographic Information Systems Inspire Possibilities." Session Speaker as part of the Symposium entitled: "Humanitarian Trends and Lived Experiences: Voices from the Field" at the 2019 American Psychological Association Annual Convention in Chicago, IL.

2018 "Gastrodiplomacy: The Transformative Power of Food". Session Speaker at the 2018 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo™ (FNCE®) in Washington, D.C.

2018 "Social and Immersive: Shared Medium or True Message?" Session Speaker as part of the Symposium entitled "Interacting via Social and Immersive Media – Is the Medium the Message?" at the 2018 American Psychological Association Annual Convention Symposium Presentation in San Francisco, CA.

2018 "How International Psychology Collaboration Impacts Change? Lessons from the Middle East" Session Speaker as part of the Symposium entitled: "Addressing Global Challenges Through International Psychology" at the 2018 American Psychological Association Annual Convention Symposium Presentation in San Francisco, CA.

2018 "Innovation for Impact: How Redefining Mothers' Role in Crisis Can Help Save Lives." Session Speaker at the 2018 American Psychological Association Innovation in International Psychology Summit in San Francisco, CA.

2017 "Hunger Games: Tackling Food Crisis in a Postmodern World". Session Speaker at the 2017 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo™ (FNCE®) in Chicago, IL.

2017 "Cost-Effectiveness: How Can We Use What We Know!" Session Speaker as part of the "Food Aid Research: Update on Food Aid for Preventing and Treating Undernutrition" Scientific Symposium organized by Tufts University, Friedman School of Nutrition Science and Policy, at the 21st International Congress of Nutrition of the International Union of Nutrition Sciences, Argentina.

2017 "Customizing Your Career: Putting Yourself on a Global Path". The Public Health and Community Nutrition Practice Group of the Academy of Nutrition and Dietetics Webinar. Virtual.

2017 "The Mediated Appetite: How Will We Eat in 2050?" Session Speaker as part of the symposium entitled "The Accelerating Landscape: Virtual Reality, Avatars, Robotics, and Artificial Intelligence" at the American Psychological Association Annual Convention in Washington, D.C.

2017 "Global Hotspots: How the Evolving Nutrition and Agricultural Landscape is Changing the Story of Development for 2030". Presentation is part of the symposium entitled: "Agricultural Development to Achieve Food Security and Sustainable Food Systems: Global Policies and Best Practices." at the Society for Nutrition Education and Behavior Annual Meeting in Washington, D.C.

2017 "Introducing Academy Secondary Datasets". Webinar speaker organized by the Academy of Nutrition and Dietetics. Virtual.

2016 "Customizing Your Career: Putting Yourself on Different Paths". Session Speaker at the 2016 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo™ (FNCE®) in Boston, MA.

2016 "New Perspectives on International Collaboration". Invited Keynote Speaker at the 2016 Nutrition Impact Summit of the Academy of Nutrition and Dietetics and the Academy of Nutrition and Dietetics Foundation in Austin, TX.

2016 "Enhanced Recovery After Surgery: The Pathway to Improved Care". First International Conference of Al-Bashir Hospital and Ministry of Health in Amman, Jordan.

2016 "From Mobile Play to a Healthy Plate: How Gaming Apps are Transforming the Way Children Eat". The First MENA Regional Conference on Community Psychology Collaboration for Community Change: Insight, Innovation, and Impact. The American University of Cairo, School of Humanities and Social Sciences in Cairo, Egypt.

2015 "Understanding Treatment Choices for People with Diabetes in Culturally Diverse Populations". Session moderator at the 2015 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo™ (FNCE®) in Nashville, TN.

2011 "Dietary Supplements in the Global Market: how they relate to public health and create a new paradigm". Invited guest speaker. PreSymposium at Sports, Cardiovascular and Wellness Nutritionists Dietetic Practice Group Annual meeting in Chicago, IL.

2010 "Tobacco Use and Dependence in Medical Nutrition Therapy". 6th Cyprus Dietetic and Nutrition Association Conference in Cyprus.

2009 "Country Example on Tobacco Control and Media". Framework Conventional Alliance Regional Training on Tobacco Control for Journalists and Media Personnel in Cairo, Egypt.

2009 "The Nuts and Bolts of Nutritional Wellbeing". Lebanese Dietetic Association Workshop in Beirut, Lebanon.

2008 "New Approaches to Equitable Practice: Bridging the Global Divide". Session planner and speaker at the 2008 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo™ (FNCE®) in Chicago, IL.

2008 "Medical Nutrition Therapy for Pediatric Food Allergies". The Pan Arab Annual Conference for Pediatric Gastroenterology and Nutrition in Damascus, Syria.

2008 "Total Parenteral Nutrition for the Pediatric Population". The Syrian Union for Pediatrics, Gastroenterology and Nutrition in Damascus, Syria. **2009** "The Nuts and Bolts of Nutritional Wellbeing". Lebanese Dietetic Association Workshop in Beirut, Lebanon.

2008 "New Approaches to Equitable Practice: Bridging the Global Divide". Session planner and speaker at the 2008 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo™ (FNCE®) in Chicago, IL.

2008 "Medical Nutrition Therapy for Pediatric Food Allergies". The Pan Arab Annual Conference for Pediatric Gastroenterology and Nutrition in Damascus, Syria.

2008 "Total Parenteral Nutrition for the Pediatric Population". The Syrian Union for Pediatrics, Gastroenterology and Nutrition in Damascus, Syria.

2008 "Global Food and Nutrition Policy". Kansas Dietetic Association Annual Meeting in Wichita, KS.

2008 Moderator. WHO Press Release Conference on World Tobacco Report (MPOWER) 2008.

2008 "Pathways to Registered Dietitian Status". Health Authority of Abu Dhabi Professional Development Symposium in Abu Dhabi, United Arab Emirates.

2007 "Approaches to Effective Food and Nutrition Policy Implementation" The International Epidemiology Association Conference 'Epidemiology: Translating Research to Health Care', Riyadh, Saudi Arabia.

2007 "Tobacco Control Regulations. The Case of Jordan". Regional Middle East/North Africa Workshop on WHO Framework Convention on Tobacco Control Implementation and Reporting in Egypt.

2005 "Probiotic Therapy in Clinical Settings". Nutrition Support Rounds presentation, Tufts Medical Center in Boston, MA.

2005 "Academy of Nutrition and Dietetics Grassroots: What's in it For You?" Joint Internship Class Day Presentation in Boston, MA.

2005 "Nutrition and Public Policy: Getting Involved as a Student and Early in Your Career." Academy of Nutrition and Dietetics Public Policy Workshop Presentation in Washington, D.C.

2005 "Nutritional Management of Patients with Bone Marrow Transplantation – a Case Based Approach". Tufts Medical Center in Boston, MA.

2004 "Nutritional Implications of Propofol Use in Critical Care Settings". Nutrition Support Rounds presentation, Tufts Medical Center in Boston, MA.

2004 "Lipid versus Lipid-free Total Parenteral Nutrition". Nutrition Support Rounds presentation, Tufts Medical Center in Boston, MA.

2004 "Nutritional Implications of Small Intestine Bacterial Overgrowth". Tufts University Clinical Nutrition presentation in Boston, MA.

2003 "Middle East – A Perspective of Culture, Food, and Nutrition". Massachusetts Department of Public Health Workshop, Framingham, MA.

2003 "Dietetic Interns – Up Close and Personal" Session moderator and speaker at the 2003 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo™ (FNCE®) in San Antonio, TX.

1998 "Dietary Modifications in the Prevention and Treatment of Colon Cancer". University of Jordan capstone project symposium in Amman, Jordan.

Other Presentations

2023 "The Transformative Impact of the Metaverse on Behavior Change" Speaker. Symposium 2.0: The Metaverse and AI's Transformative Power in Shaping the Future. Division: 46 – Society for Media Psychology and Technology. APA 2023. Washington, DC & Virtual.

2022 "The Context of Culture in Affordable Nutrition Solutions". Industry Nutrition Forum for the American Heart Association. Virtual.

2022 "Food Science, Nutrition and Dietetics: Overlapping and Exclusive Arenas" Invited Speaker. Nutrition Foundation of Pakistan. Virtual.

2022 "AI-Powered Solutions for Public Health Good" Speaker. Sym22861: Metaverse, Humanitarian AI & Digital Identities: Designing for Good. Society for Media Psychology & Technology (Division 46) programming for the 2022 APA meeting. Minneapolis, MN & Virtual.

2022 "How'd you get that job?" Panelist. Early Career Psychologists Committee, Division 52 International Psychology, American Psychological Association. Virtual.

2022 "Nutrition Misinformation." Trainer. Learning and More Training Center. Damascus, Syria.

2020 "Strategizing Digitalization in Practice: Luxury or Necessity?" Speaker. 14th Dubai International Food Safety Conference 2020. ILSI Scientific Symposium Dubai, UAE. Virtual.

2020 "Use of Technology to Build Resilience in Food Systems." Panelist. 14th Dubai International Food Safety Conference 2020. ILSI Scientific Symposium Dubai, UAE. Virtual.

2020 "COVID-19 Chaos: Are you through it or drowned by it?" JCI Damascus and the International Chamber of Commerce in Syria.

2019 "Use of Food Composition Databases for Dietary Intake Assessments and Evaluations in the Gulf, Levant, and North African regions: Current State and Future Prospects." 13th Dubai International Food Safety Conference 2019. ILSI Scientific Symposium Dubai, UAE.

2018 "Nutrition for Older Persons in Jordan." Invited Speaker. National Counsel of Family Affairs. Amman, Jordan.

2017 "Spiritual, Psychological and Physical Health Implications of Social Media Use; Part II." Greek Orthodox Church of the Annunciation in Abdali, Jordan.

2017 "Spiritual, Psychological and Physical Health Implications of Social Media Use; Part I." Greek Orthodox Church of the Annunciation in Abdali, Jordan.

2017 "Media Psychology: A Comprehensive Cross-Cultural Comparative Analysis of Global Dietary Patterns and Best Practices for Autism". Second Annual Cyprus International Conference on Autism Treatment and Research by Magic Always Happens, Inc., Cyprus.

2016 "Eating for a Lower Heart Disease Risk: What Should Men Do Over 50?" Invited Speaker. Rotary Club of Amman West meeting in Amman, Jordan.

2016 "Sleep and Nutrition: Are They Linked?" Invited Speaker. Jordan Food and Nutrition Society in Amman, Jordan.

2015 "Medical Nutrition Therapy in Hospital Settings." Workshop Trainer as part of a curriculum for Egypt-wide training on hospital administration for clinicians and allied health professionals in Cairo, Egypt.

2011 – 2012 "Medical Nutrition Therapy for Cancer Prevention, Treatment, and Control." Invited Speaker. A series of capacity building workshops for healthcare professionals at public healthcare institutions organized by Al-Waad Society for Cancer Advocacy and Survivorship in Jordan.

2011 "Health Implications of Dietary Fiber." Invited Speaker. Rotary Club of Jordan in Amman, Jordan.

2006 "Liver, Nutrition and Healthy Lifestyle." Invited Keynote Speaker at the Annual Friends of Liver Society Fund Raising Luncheon in Amman, Jordan.

2001 "Food, Nutrition and Diabetes." Invited Speaker. Jordan Society for Care of Diabetes World Diabetes Day presentation in Amman, Jordan.

Visiting Lectureships

2023 "Health and Nutrition-Based Information Systems: Practice Applications in Global Settings." Visiting Lecturer. Prince Sultan University, Riyadh, Saudi Arabia. Fall 2023.

2023 "Post-Earthquake Disaster in Turkey and Syria." Visiting Lecturer. OVGU – Die Otto- von-Guericke-Universität Magdeburg, Germany. Spring 2023.

2023 "Health Information Systems: Practice Applications in Global Settings." Visiting Lecturer. Prince Sultan University, Riyadh, Saudi Arabia. Class IS372: Health-care Information Systems. Spring 2023.

2023 "Nutrition in Global Health and Development: Current Practice and Applications." Visiting Lecturer. Acadia University, Canada. Class Nutr 4513 (Nutrition in Global Health and Development). Spring 2023.

2022 "Nutrition in Global Health & Development." Visiting Lecturer. Acadia University, Canada. Class Nutr 4513 (Nutrition in Global Health and Development). Spring 2022.

2021 "Humanitarian Leadership: The Case of Syria." Visiting Lecturer. Tufts University, Friedman School of Nutrition Science and Policy. Class NUTR 0329/D234 on Humanitarian Leadership: The Political and Policy Challenges of Being in Charge. Spring 2021.

2020 "Humanitarian Leadership: The Case of Syria." Visiting Lecturer. Tufts University, Friedman School of Nutrition Science and Policy. Class NUTR 0329/D234 on Humanitarian Leadership: The Political and Policy Challenges of Being in Charge. Spring 2020.

2019 "Disrupting the Hunger Cycle in a Digital World." The 2019 32nd Doris Drees Distinguished Speaker. University of Dayton, Dayton, OH.

2018 "Dietetics 3.0: Transforming Practice through AI Engagement". 2018 Shugart Lecturer. Kansas State University in Manhattan, KS.

2017 "New Frontiers in Nutrition and Psychology." Visiting Lecturer. University of Jordan, Amman, Jordan.

2017 "Careers in Nutrition for Global Health Luncheon." Visiting Lecturer for the Graduating Master of Science Class of 2017 in Nutrition for Global Health. London School of Hygiene & Tropical Medicine in London, UK.

2011 "Chronic Disease Epidemiology: Perspectives from the Middle East." Doctoral Symposium Guest Lecturer. San Diego State University, CA.

2009 "An Update on Global Food and Nutrition Policy". Guest Lecturer. Kansas State University in Manhattan, KS.

2009 "Effective Nutrition Counselling". Guest Lecturer. Kansas State University in Manhattan, KS.

2008 "Global Food and Nutrition Trends". Guest Lecturer. Rochester Institute of Technology Global Healthcare Conference in Rochester, NY.

PROFESSIONAL SERVICES & LEADERSHIP ROLES

International Professional Service

2024 - 2025 Webinar Committee Member, Division 52 International Psychology of the American Psychological Association.

2024 - 2025 Past Chair, Early Career Psychologist (ECP) Committee of Division 52 International Psychology. American Psychological Association.

2024 – 2025 Chair, Hunger and Environmental Nutrition Practice Group, Academy of Nutrition and Dietetics.

2023 – 2024 Chair-Elect, Hunger and Environmental Nutrition Practice Group, Academy of Nutrition and Dietetics.

2023 - 2024 Chair, Early Career Psychologist (ECP) Committee of Division 52 International Psychology. American Psychological Association.

2022 – 2023 Member of editorial board of Nutrition Today Journal.

2021 – 2025 Nominated representative of the Academy of Nutrition and Dietetics to the International Congress of Dietetic Associations (ICDA).

2022 - 2023 Chair-Elect, Early Career Psychologist (ECP) Committee of Division 52 International Psychology. American Psychological Association.

2020 – 2021 Chair, Division of Digital Technologies for Nutrition Education & Behavior Change of the Society for Nutrition Education & Behavior.

2020 – 2021 Immediate Past Chair, Public Health and Community Nutrition Practice Group, Academy of Nutrition and Dietetics.

2019 – 2021 Appointed Advisory Chair, Global Member Interest Group of the Academy of Nutrition and Dietetics.

2019 – 2020 Chair, Public Health and Community Nutrition Practice Group, Academy of Nutrition and Dietetics.

2019 – 2020 Chair-Elect, Division of Digital Technologies for Nutrition Education and Behavior Change of the Society for Nutrition Education and Behavior.

2019 - 2020 Appointed Member, Media Representatives Program of the International Affiliate of the Academy of Nutrition and Dietetics (IAAND).

2018 – 2021 Appointed Member, International Nutrition Care Process Research Outcomes Workgroup of the Academy of Nutrition and Dietetics.

2018 – 2020 Appointed Member, International Representative to the Academy of Nutrition and Dietetics Nutrition Care Process Research Outcomes Committee.

2018 - 2019 Appointed Member, International Advisory Group of the Academy of Nutrition and Dietetics.

2018 - 2019 Chair-Elect, Public Health and Community Nutrition Practice Group, Academy of Nutrition and Dietetics.

2018 - 2019 Founding Member, Treasurer, Division of Digital Technologies for Nutrition Education and Behavior Change of the Society for Nutrition Education and Behavior.

2017 - 2019 Appointed Country Representative/Jordan, International Affiliate of the Academy of Nutrition and Dietetics (formerly American Overseas Dietetic Association).

2017 - 2018 Appointed Member, Fast Connect Committee, Division 52 of the American Psychological Association.

2017 - 2018 Appointed Planning Committee Member, Psi Chi's Network for International Collaborative Exchange (NICE).

2016 - Present Appointed Scientific Abstract Reviewer of the Society for Nutrition Education and Behavior.

2016 - 2018 Appointed Member, Diversity Committee, Dietitians in Integrative and Functional Medicine of the Academy of Nutrition and Dietetics.

2016 - 2018 Elected Secretary, Executive Committee of Public Health and Community Nutrition Practice Group, Academy of Nutrition and Dietetics.

2016 - 2017 Appointed Member, Diversity Committee, Dietitians in Integrative and Functional Medicine of the Academy of Nutrition and Dietetics.

2015 - 2019 Appointed Scientific Abstract Reviewer of the American Society for Nutrition.

2015 - 2018 Appointed Member, Oversight Committee of the Academy of Nutrition and Dietetics, Dietetic Practice Based Research Network.

2015 - 2017 Appointed Scientific Reviewer of the International Communication Association.

2015 - 2016 Appointed Membership Committee Chair, Executive Committee of the Public Health and Community Nutrition Practice Group, Academy of Nutrition and Dietetics.

2013 - 2014 Appointed workgroup member, sodium project, Evidence Analysis Library of the Academy of Nutrition and Dietetics.

2012 Appointed Scientific Abstract Reviewer of International Union for Cancer Control, World Cancer Congress 2012.

2011 - 2012 Appointed Scientific Member. Council on Future Practice. Academy of Nutrition and Dietetics; Mar 2011 – Feb 2012.

2011 Appointed Scientific Member. Research Session entitled Challenges and Opportunities in Cross-Cultural Research. Global Scholar Delegation Special Olympics World Summer Games Athens, Greece.

2010 - 2016 Elected Global Member, International Union of Health Promotion and Education Board of Trustees.

2010 Appointed Scientific Abstract Reviewer for Tobacco Control, World Cancer Congress 2010.

2010 Delegate of Jordan at the Third Global Meeting of Ministry of Health Focal Points for Injury and Violence Prevention and 10th World Conference on Injury Prevention and Safety Promotion in London, UK.

2009 - Present Appointed Scientific Abstract Reviewer for the Academy of Nutrition and Dietetics Annual Food and Nutrition Conference and Exhibition.

2009 - 2011 Appointed Member, International Committee, Association for Treatment of Tobacco Use and Dependence.

2009 - 2010 Appointed workgroup member, Sodium project, Evidence Analysis Library of the Academy of Nutrition and Dietetics.

2008 - 2009 President, American Overseas Dietetic Association.

2008 - 2009 Appointed Evidence Analysis Workgroup Member, Academy of Nutrition and Dietetics Evidence Analysis Library. Sodium Evidence Analysis Project.

2007 - Present Appointed Chair. Tufts Alumni Chapter of Jordan.

2007 - 2008 President-Elect, American Overseas Dietetic Association.

2007 Invited regional nutrition expert by the Egyptian Minister of Higher Education and Scientific Research in collaboration with the European Commission to contribute to "FP7 Agriculture, Food and Biotechnology Research Cooperation between the European Union and the Mediterranean Partners," Egypt.

2007 Appointed nutrition advisor by Ministry of Health/Pakistan as for international conference "Gender Mainstreaming in Planning and Development," Pakistan.

2006 - 2007 Elected International Country Representative Program Chair, American Overseas Dietetic Association.

2006 Appointed WHO advisor for "Middle East/North Africa Regional Training Workshop to develop national capacity in nutrition planning and policy formulation," Egypt.

2005 - 2006 Appointed Scientific Reviewer, Peer Review Committee of Oncology Nutrition Dietetic Practice Group. Oncology Nutrition Connection Publication.

2005 - 2006 Appointed Member, Academy of Nutrition and Dietetics Legislative and Public Policy Advisory Committee.

2005 - 2006 Elected Conference Treasurer, American Overseas Dietetic Association.

2005 Invited Trainer. "Healthy Athletes – Healthy Bones, " Train the Trainer course presentation. First Special Olympics Middle East/North Africa Regional Symposium. Syria.

2005 Invited Trainer "Nutrition and Hydration." First Special Olympics Middle East/North Africa Regional Symposium. Syria.

2004 – 2009 Appointed Country Representative/Jordan, American Overseas Dietetic Association.

2004 – 2005 President and co-founder, Massachusetts Student Dietetic Association.

2004 Appointed Student Public Policy Delegate, Massachusetts Dietetic Association.

2002 – 2003 Appointed Student Public Policy Delegate, Kansas Dietetic Association.

2002 – 2003 Appointed Member, Kansas State University Early Adopters Assessment and Review Committee.

Select National Leadership Roles

2022 Honorary Member, Jordanian Society for Food and Nutrition.

2022 Scientific Committee Member, National Nutrition Conference, Jordanian Society for Food and Nutrition.

2019 - 2020 Appointed member, National Council of Family Affairs, Technical committee for the development and modernization of developmental standards for children from birth to four years.

2011 - 2012 Appointed Advisory Member, National Alliance against Hunger and Malnutrition in Jordan.

2011 - 2012 Appointed Advisor to board, Jordan Food and Nutrition Association.

2010 - 2012 Appointed Taskforce Member, Queen Rania's initiative on National School Nutrition Program in Jordan.

2010 - 2012 Appointed Advisor to board, Jordan Tobacco Control Alliance, which is an independent alliance overseeing activities by private, public, and civil society sectors.

2009 - 2012 Appointed Member, Higher Committee for Tobacco Control at Ministry of Health, Government of Jordan.

2008 - 2009 Appointed National Taskforce Member for Health Promotion and Disease Prevention. The Higher Council for Science and Technology of Jordan.

2005 - 2012 Appointed Member, Higher Committee for Nutrition at Ministry of Health, Government of Jordan.

MEDIA & JOURNALISM

- Quoted professionally: > **50** times on radio; > **50** times in consumer print media.
- Expert interviews: > **50** appearances in local & regional TV channels & International podcasts.
- Authored > **550** articles in leading newspapers in Jordan [Al Rai, Al Ghad, and The Jordan Times].
- Authored > **15** articles in health magazines of Jordan [JoHeart].

ACTIVITIES



Travel



Exercise



Culinary
Diplomacy



Extraordinary
Architecture



Reading



Writing



Environmental
Conservation