



## RESEARCH SCHOLARY ACTIVITIES

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## PEER-REVIEWED JOURNALS

El-Kour, T. (2025). Introduction to the Collection Topic: Beyond 2025: Strategic Insights, Innovations, and Policy Shifts for Global Hunger and Environmental Nutrition Solutions. *Journal of Hunger & Environmental Nutrition*, 1–2. <https://doi.org/10.1080/19320248.2025.2564509>.

Razouk, A., Skotzke, P., Abdin, A. Y., Yeboah, P., Pitsch, W., Wakkaf, M., El-Kour, T., Rajab, M., Nasim, M. J., Jouma, M., & Jacob, C. (2025). Informed Yet Unvaccinated: Investigating COVID-19 Vaccine Hesitancy Among Syrian University Students Using the 5C Framework. *COVID*, 5(9), 159. <https://doi.org/10.3390/covid5090159>

Ahmed, I., Soofi, S., Umer, M., Arrif, S., El-Kour, T., & Hudspeth, C. (2025). Prevalence and Determinants of Malnutrition and Micronutrient Deficiencies Among Children (6–59 Months) and Women of Reproductive Age Group (15–49 Years) in Tajikistan. *Current Developments in Nutrition*, 9 (7). <https://doi.org/10.1016/j.cdnut.2025.106869>

Almasri, A., El-Kour, T., Silva, L., & Abdulfattah, Y. (2024). Evaluating the Energy Efficiency of Popular US Smartphone Health Care Apps: Comparative Analysis Study Toward Sustainable Health and Nutrition Apps Practices. *JMIR Hum Factors*, 2024 (11). doi: 10.2196/58311

Moussa Rogers, M., Cuccolo, K., McKinney, C., Edlund, J. E., Grahe, J. E., Zlokovich, M. S., Bauer, L. M., El-Kour, T., Hässler, B., Jia, F., Norvilitis, J., Shane-Simpson, C., Yockey, R. A., Cramblet Alvarez, L. D., Eisner, L., Rhys Evans, T., Farahani, H., Haden, S., Hawkins, G., Kawabata, Y., Stoppa, T., ... Kalibatseva, Z. (2024). Understanding Family Dynamics in a Cross-Cultural Sample: A Multi-National Study. *Psi Chi Journal of Psychological Research*, 29 (2),140–149. <https://doi.org/10.24839/2325-7342.JN29.2.140>

El-Kour, T. (2023, July). Reorienting Global Efforts to Effectively Deliver on Nutrition Outcomes. *Dietetics and Nutrition Around the World*, 5. <https://internationaldietetics.org/wp-content/uploads/2023/08/DRAFT-DNAW-FOR-JULY-2023-2023-07-21.pdf>

El-Kour, T. (2022). Increasing Covid-19 Vaccine Uptake in Africa. K4D Helpdesk Report. *Institute of Development Studies*. doi: 10.19088/K4D.2022.099

El-Kour, T. (2021). Digital Behavior Response in Augmented Reality Versus Non-Augmented Reality Contexts: A Randomized Controlled Trial. *Fielding Graduate University ProQuest Dissertations Publishing*, 2021.28316944. <https://www.proquest.com/openview/2604451f481d67e57dca359542d4c82c/1?pq-origsite=gscholar&cbl=18750&diss=y>

El-Kour, T., Kelley, K., Bruening, M., Robson, S., Vogelzang, J., Yang, J., & Jimenez, E. (2020). Dietetic Workforce Capacity Assessment for Public Health Nutrition and Community Nutrition. *Journal of the Academy of Nutrition and Dietetics*, 121(7), pp. 1379-1391. doi: 10.1016/j.jand.2020.08.078

Burgermaster, M., Wong, S., Bateson, W., Qamar, Z., McGuirt, J., MacMillan Uribe, A., El-Kour, T., Spielmaker, A. & Stage, V. (2019). DigiTech Division: Positioning SNEB to Lead the Way in Digital Technology for Nutrition Education and Behavior Change. *Journal of Nutrition Education and Behavior*, 51(3), pp. 265-266. doi: 10.1016/j.jneb.2019.01.016

Caiafa, K., Dewey, K., Michaelsen, K., de Pee, S., Collins, S., Rogers, B., El-Kour, T., Walton, S. & Webb, P. (2019). Food Aid for Nutrition: Narrative Review of Major Research Topics Presented at a Scientific Symposium Held October 21, 2017, at the 21<sup>st</sup> International Congress of Nutrition in Buenos Aires, Argentina. *Food and Nutrition Bulletin*, 40(1) pp. 111-123. doi: 10.1177/0379572118817951

El-Kour, T. (2008). Social Determinants of Health: Essential Knowledge for Public Health Practitioners. The Digest (peer-reviewed publication of the Public Health and Community Nutrition practice group of AND), Winter 08: 6-7, 9.

El-Kour, T. (2004). 2004 Public Policy Workshop. Building Visions for the Future. Today@MDA (peer-reviewed publication of the Massachusetts Dietetic Association), Summer 04: 6-7.

El-Kour, T. (2004). Nutrition and Public Policy: A Student's Perspective on What We Can Do. Academy of Nutrition and Dietetics Student Scoop (peer-reviewed publication of the Academy of Nutrition and Dietetics); Jan 04 (1): 6-7.

Baxter, A., Highfill, B., & El-Kour, T. (2003). Nutrition and Public Policy. Action Plan for Kansas Dietetic Professionals. KDA Communicator (peer-reviewed publication of the Kansas Dietetic Association); May-Jun 03: 4-5.

## **PEER-REVIEWED ABSTRACTS**

El-Kour, T. (2026). Understanding Family Dynamics in Cross-Cultural Contexts: Implications for Nutrition and Family-Centered Health Practice in Jordan. *Published abstract and poster presentation at Nutri Wise Jo, Health and Clinical Nutrition Conference 2026*. Amman, Jordan.

El-Kour, T. (2025). The Role of Artificial Intelligence in Shaping Future Consumer Food Choices: A Scooping Review. *Published abstract and oral presentation at the Future Foods Congress 2025 on Bridging the Future of Sustainability and Food Science*. Singapore Expo, Singapore.

El-Kour, T. (2025, June 9-10). *Society for Digital Mental Health 4th Annual Virtual Conference* "Building Practitioner Capacity to Apply User-Centered Design for Enhancing Engagement with Digital Mental Health Tools in Yemen". 4th Annual Virtual Conference.

El-Kour, T. (2025, June 9-10). *Society for Digital Mental Health 4th Annual Virtual Conference* "Impact of Mental Well-being and Technology Adoption on Digital Behavior Response in Millennials and Gen Z: A Randomized Controlled Trial". 4th Annual Virtual Conference.

El-Kour, T. (2025, April 9). *The 2025 Public Health and Community Nutrition Dietetic Practice Group Virtual Symposium* “Transforming Malnutrition Care: A Quality Improvement Approach with Innovation and Human-Centered Design”. Virtual Symposium.

El-Kour, T. (2025, April 2-9). *2nd International Affiliate of the Academy of Nutrition and Dietetics (IAAND) Virtual Conference* “Adapting AI from Various Sectors to Strengthen Nutrition and Dietetics Workforce Capacity”. 2nd IAAND Virtual Conference.

El-Kour, T. (2025, April 2-9). *2nd International Affiliate of the Academy of Nutrition and Dietetics (IAAND) Virtual Conference* “Collaborating for Change: Advancing Nutrition through Interdisciplinary Approaches”. 2nd IAAND Virtual Conference.

El-Kour, T. (2022). The Middle East Dietetics Needs Assessment: Using Data to Drive Change in Policy, Systems and Environment for Impactful Dietetics Practice. *Journal of the Academy of Nutrition and Dietetics*, 122(10). doi: 10.1016/j.jand.2022.08.080

El-Kour, T. (2021). Proposed Model for Categorizing Consumer Digital Behavior Responses towards Health and Nutrition Information Over a Continuum of Technology. *Journal of the Academy of Nutrition and Dietetics*, 121(9). doi: 10.1016/j.jand.2021.06.315

El-Kour, T. (2021). The Effects of Augmented Reality on Digital Behavior Responses in Millennials and Generation-Z: A Randomized Controlled Trial. *Journal of the Academy of Nutrition and Dietetics*, 121(9). doi: 10.1016/j.jand.2021.06.184

El-Kour, T., Nafouj, R., Abo Al-Shamat, R., Hajjar, M., & Nahlawi, M. (2021). Implementing Infant and Young Child Feeding in Emergencies during COVID-19 in Primary Healthcare Facilities in Syria. *Journal of the Academy of Nutrition and Dietetics*, 121(9). doi: 10.1016/j.jand.2021.06.209

El-Kour, T. (2020). Digital Behavior Interventions in Augmented Reality Versus Non-Augmented Reality Contexts: A Randomized Controlled Trial. *Fielding Graduate University*.

Kelley, K., El-Kour, T., & Jimenez, EY. (2019). An Ounce of Prevention: Weighing the Role of the Registered Dietitian in Population Health. *2019 The North American Primary Care Research Group (NAPCRG) Practice Based Research Network (PBRN) Conference* in Bethesda, MD.

El-Kour, T., Hogg, J., & Sewell, D. (2018). A Comparison of Facebook Use and Exposure to Nutrition Misinformation among Arabs according to Body Weight. *Journal of the Academy of Nutrition and Dietetics*, 118(10). doi: 10.1016/j.jand.2018.08.021

El-Kour, T., Hogg, J., & Sewell, D. (2018). Food Consumption Behavior and Body Mass Index Scores Predict Exposure to Nutrition Misinformation on Facebook. *Journal of the Academy of Nutrition and Dietetics*, 118(10). doi: 10.1016/j.jand.2018.08.020

El-Kour, T., Hogg, J., & Sewell, D. (2018). Is Facebook the Message for Nutrition Misinformation. *2018 American Psychological Association Annual Convention* in San Francisco, CA.

El-Kour, T., Hogg, J., (2018). Misinforming Arabs with Facebook in Mind: A Mixed-Methods Approach. *Journal of Nutrition Education and Behavior Advancing Research, Practice & Policy, Society for Nutrition Education and Behavior*, 50(7). doi: 10.1016/j.jneb.2018.04.134

El-Kour, T., Hogg, J., & Sewell, D. (2018). Facebook Use, Food Consumption Behavior, and Risk Perception as Predictors of Exposure to Nutrition Misinformation. *Fielding Graduate University Research Summer Session in Chicago, IL*.

El-Kour, T. (2017). Media Psychology: A Comprehensive Cross-Cultural Comparative Analysis of Global Dietary Patterns and Best Practices for Autism. *Published abstract and oral presentation at the Second Annual Cyprus International Conference on Autism Treatment and Research of Magic Always Happens, Inc.; Cyprus*.

Myers, E., Hakeem, R., Bdour, N., El-Kour, T., Atayata, F., Tashtoush, S., Cakir Bicer, N., Sakar, S., Erginbas, C., Kahill, R., Herrerra, M., & Boyd, M. (2017). Middle East Dietetics Needs Assessment: Identifying Opportunities for Future Collaborative Activities. *Journal of the Academy of Nutrition and Dietetics*, 117(9). doi: 10.1016/j.jand.2017.06.323

El-Kour, T. (2016). Use of Advergaming Affects Food Intake in Children. *Published abstract and poster presentation at the 17<sup>th</sup> International Congress of Dietetics in Granada, Spain*.

El-Kour, T. (2016). The Low-Carbohydrate Craze on the Web: A Biased Presentation or An Impartial Truth? *Published abstract and poster presentation at the 17<sup>th</sup> International Congress of Dietetics in Granada, Spain*.

El-Kour, T. (2016). Enhanced Recovery After Surgery: The Pathway to Improved Care. *Published abstract and oral presentation at the First International Conference of Al-Bashir Hospital and Ministry of Health in Amman, Jordan*.

El-Kour, T. (2016). From Mobile Play to a Healthy Plate: How Gaming Apps are Transforming the Way Children Eat. *Published abstract and oral presentation at the First MENA Regional Conference on Community Psychology Collaboration for Community Change: Insight, Innovation, and Impact. The American University of Cairo, School of Humanities and Social Sciences in Cairo, Egypt*.

El-Kour, T., & El-Mousaad, H. (2010). Emerging Role of On-Pack Warning Labels in Effective Tobacco Control Policy Implementation. *Indian Journal of CANCER* 47(5), pp. 109-210. <https://www.indiancancer.com/article.asp?issn=0019-509X;year=2010;volume=47;issue=5;spage=109;epage=210;aualast=>

El-Kour, T., & El-Mousaad, H. (2010). New Approaches to Tobacco-Free Practice: Bridging the Global Divide. *Indian Journal of CANCER* 47(5), pp. 109-210. <https://www.indiancancer.com/article.asp?issn=0019-509X;year=2010;volume=47;issue=5;spage=109;epage=210;aualast=>

El-Kour, T. (2009). New Approaches to Challenging Food and Nutrition Trends. *Published abstract and poster presentation at the International Congress of Nutrition. Thailand*.

El-Kour, T. (2009). Emerging Role of Media in Changing Nutrition Behavior Outcomes. *Published abstract and poster presentation at the International Congress of Nutrition*. Thailand.

El-Kour, T., & El-Mousaad, H. (2007). Approaches to Effective Food and Nutrition Policy Implementation. *Published abstract and oral presentation at The International Epidemiology Association Conference "Epidemiology: Translating Research to Health Care"*, Saudi Arabia.

Khan, S., El-Kour, T., Sengo, P., & Dwyer, J. (2005). Dietary and Fluid Restrictions: An Issue among Hemodialysis Patients. *Published abstract and poster presentation at the American Society of Nephrology 38th Annual Renal Week Meeting*.

Khan, S., Sengo, P., El-Kour, T., Klinger, D., Caffarielli, M., & Guller. (2005). Medication Adherence Could be an Issue Among Dialysis Patients. *Published abstract and poster presentation at the American Society of Nephrology 38th Annual Renal Week Meeting*.

## RESEARCH COLLABORATIONS

### **Global Dietary Database**

Lara-Castor L., O'Hearn M., Cudhea F., Miller V., Shi P., Zhang J., Sharib J., Cash S., Barquera S., Micha R., Mozaffarian D., & Global Dietary Database, El-Kour, T., (Global Dietary Database Author) (2025). Burdens of Type 2 Diabetes and Cardiovascular Disease Attributable to Sugar-Sweetened Beverages in 184 Countries. *Nat Med* (2025).

doi: <https://doi.org/10.1038/s41591-024-03345-4>

Ahles A., Muhammad A., Yenerall JN.,; Global Dietary Database, El-Kour, T., (Global Dietary Database Author) (2024). How Prices and Income Influence Global Patterns in Saturated Fat Intake by Age, Sex and World Region: A Cross-Sectional Analysis of 160 Countries. *BMJ Open* 2024;14:e074562. doi: 10.1136/bmjopen-2023-074562

Lara-Castor L, Micha R, Cudhea F, Miller V, Shi P, Zhang J, Sharib JR, Erndt-Marino J, Cash SB, Barquera S, Mozaffarian D., Global Dietary Database, El-Kour, T., (Global Dietary Database Author) (2024). Intake of Sugar-Sweetened Beverage among Children and Adolescents in 185 Countries Between 1990 and 2018. *BMJ*, 2024;386:e079234. doi: <https://doi.org/10.1136/bmj-2024-079234>

Lara-Castor, L., O'Hearn, M., Cudhea, F., Miller, V., Shi, P., Zhang, J., Sharib, J., Cash, S., Barquera, S., Micha, R., Mozaffarian, D., & Global Dietary Database, El-Kour, T., (Global Dietary Database Author) (2023). Type 2 Diabetes and Cardiovascular Disease Burdens Attributable to Sugar-Sweetened Beverages Among Adults in 184 Countries. doi: 10.1038/s41591-023-02278-8

Lara-Castor, L., Micha, R., Cudhea, F., Miller, V., Shi, P., Zhang, J., Sharib, J. R., Erndt-Marino, J., Cash, S. B., Mozaffarian, D., & Global Dietary Database, El-Kour, T., (Global Dietary Database Author) (2023). Sugar-Sweetened Beverage Intakes among Adults between 1990 and 2018 in 185 Countries. *Nature Communications*, 14(1), 5957. <https://doi.org/10.1038/s41467-023-41269-8>

O'Hearn, M., Lara-Castor, L., Cudhea, F., Miller, V., Reedy, J., Shi, P., Zhang, J., Wong, J. B., Economos, C. D., Micha, R., Mozaffarian, D., & Global Dietary Database, El-Kour, T., (Global Dietary Database Author) (2023). Incident Type 2 Diabetes Attributable to Suboptimal Diet in 184 Countries. *Nature Medicine*, 29(4), 982–995. <https://doi.org/10.1038/s41591-023-02278-8>

Miller, V., Webb, P., Cudhea, F., Shi, P., Zhang, J., Reedy, J., Erndt-Marino, J., Coates, J., Mozaffarian, D., & Global Dietary Database, El-Kour, T., (Global Dietary Database Author) (2022). Global Dietary Quality in 185 Countries from 1990 to 2018 Show Wide Differences by Nation, Age, Education, and Urbanicity. *Nature Food*, 3(9), 694–702. <https://doi.org/10.1038/s43016-022-00594-9>

Miller, V., Reedy, J., Cudhea, F., Zhang, J., Shi, P., Erndt-Marino, J., Coates, J., Micha, R., Webb, P., Mozaffarian, D., & Global Dietary Database, El-Kour, T., (Global Dietary Database Author) (2022). Global, Regional, and National Consumption of Animal-Source Foods between 1990 and 2018: Findings from the Global Dietary Database. *The Lancet. Planetary Health*, 6(3), e243–e256. [https://doi.org/10.1016/S2542-5196\(21\)00352-1](https://doi.org/10.1016/S2542-5196(21)00352-1)

### ***Mental Health & Psychosocial Support***

Tol, W. A., Le, P. D., Harrison, S. L., Galappatti, A., Annan, J., Baingana, F. K., Betancourt, T. S., Bizouerne, C., Eaton, J., Engels, M., Hijazi, Z., Horn, R. R., Jordans, M. J. D., Kohrt, B. A., Koyiet, P., Panter-Brick, C., Pluess, M., Rahman, A., Silove, D., Tomlinson, M., ... van Ommeren, M. (2023). Mental Health and Psychosocial Support in Humanitarian Settings: Research Priorities for 2021-30. *The Lancet. Global Health*, 11(6), e969–e975. [https://doi.org/10.1016/S2214-109X\(23\)00128-6](https://doi.org/10.1016/S2214-109X(23)00128-6)

### ***Nutrition & Dietetics***

#### *Workforce Capacity Assessment (Principal Investigator)*

El-Kour, T., Kelley, K., Bruening, M., Robson, S., Vogelzang, J., Yang, J., & Jimenez, E. (2020). Dietetic Workforce Capacity Assessment for Public Health Nutrition and Community Nutrition. *Journal of the Academy of Nutrition and Dietetics*, 121(7), pp. 1379-1391. doi: 10.1016/j.jand.2020.08.078

Kelley, K., El-Kour, T., & Jimenez, EY. (2019). An Ounce of Prevention: Weighing the Role of the Registered Dietitian in Population Health. 2019 The North American Primary Care Research Group (NAPCRG) Practice Based Research Network (PBRN) Conference in Bethesda, MD.

#### *Wasting Prevention*

Frison S, Angood C, Khara T, Bahwere P, Black RE, et al. (2020) Prevention of Child Wasting: Results of a Child Health & Nutrition Research Initiative (CHNRI) Prioritisation Exercise. *PLOS ONE* 15(2): e0228151. <https://doi.org/10.1371/journal.pone.0228151>

#### *Implementing Infant and Young Child Feeding in Emergencies during COVID-19 in Primary Healthcare Facilities in Syria*

El-Kour, T., Nafouj, R., Abo Al-Shamat, R., Hajjar, M., & Nahlawi, M. (2021). Implementing Infant and Young Child Feeding in Emergencies during COVID-19 in Primary Healthcare Facilities in Syria. *Journal of the Academy of Nutrition and Dietetics*, 121(9). doi: 10.1016/j.jand.2021.06.209

#### *Nutrition Education*

KERI 2018 Mini-Grant Winner, "Healthy Breakfast, Everywhere You Go for Teens" (Jordan), International Affiliate, Academy of Nutrition and Dietetics.

## BOOKS & CHAPTERS

El-Kour, T. (2020). Nutrition Communicators Address the Global Challenge of Misinformation. In B. Mayfield (Ed.), *Communicating Nutrition: The Authoritative Guide* (pp. 52-53). Washington, DC: Academy of Nutrition and Dietetics.

Das, U., Papeneophytou, N., & El-Kour, T. (2019). *Autism 360<sup>o</sup>*. 1<sup>st</sup> Edition. Available from <https://www.elsevier.com/books/autism-360/das/978-0-12-818466-0>

El-Kour, T. (2013). The Dietetics Profession: Profile of Professional Tatyana El-Kour. In J. Payne-Palacio & D. Canter (Eds.), *The Profession of Dietetics: A Team Approach* (pp. 46-47). Sudbury, MA: Jones & Bartlett Learning.

El-Kour, T. (2012). *Your Health is in Your Nutrition*. 1<sup>st</sup> Edition. Amman, JO: National Library.

El-Kour, T. (2010). Food and Nutrition Patterns. In A. Alwan (Eds.), *Nutrition in Jordan: Update and Plan of Action* (pp.22-29). Amman, JO: The Ministry of Health and WHO.

El-Kour, T. (2006). Food and Nutrition Patterns. In A. Alwan (Eds.), *Nutrition in Jordan*. Amman, JO: The Ministry of Health and WHO.

## REPORTS & GUIDELINES

United Nations Office for the Coordination of Humanitarian Affairs. (2016). *2017 Humanitarian Needs Overview, Syrian Arab Republic, December 2016*.  
[https://sheltercluster.s3.eu-central-1.amazonaws.com/public/docs/2017\\_syria\\_hno\\_161205.pdf](https://sheltercluster.s3.eu-central-1.amazonaws.com/public/docs/2017_syria_hno_161205.pdf)

World Health Organization. Regional Office for the Eastern Mediterranean. (2016). *Noncommunicable Diseases in the Eastern Mediterranean Region*.  
[https://www.tatyanaelkour.com/\\_files/ugd/58af84\\_b2fc8f84af984cecb08226865c23a7e.pdf](https://www.tatyanaelkour.com/_files/ugd/58af84_b2fc8f84af984cecb08226865c23a7e.pdf)

World Health Organization. Regional Office for the Eastern Mediterranean. (2014). *Report on the Second Annual Regional Meeting to Scale Up the Implementation of the United Nations Political Declaration on Noncommunicable Diseases Prevention and Control*, Cairo, Egypt, 24-25 April 2014.  
[https://applications.emro.who.int/docs/IC\\_Meet\\_Rep\\_2014\\_EN\\_15408.pdf?ua=1](https://applications.emro.who.int/docs/IC_Meet_Rep_2014_EN_15408.pdf?ua=1)

*Scoping of WHO Guidelines on Saturated-Fatty Acid and Trans-Fatty Acid Consumption*. (2012). World Health Organization.  
[https://cdn.who.int/media/docs/default-source/nutritionlibrary/nugag/diet-and-health/nugag\\_dietandhealth\\_tfa\\_scoping\\_comments.pdf?sfvrsn=13b2b12c\\_3](https://cdn.who.int/media/docs/default-source/nutritionlibrary/nugag/diet-and-health/nugag_dietandhealth_tfa_scoping_comments.pdf?sfvrsn=13b2b12c_3)

*Guideline: Daily Iron and Folic Acid Supplementation in Pregnant Women*. (2012). World Health Organization.

World Health Organization. Regional Office for the Eastern Mediterranean. (2012). *Report on the Consultation on Developing Strategic Directions for Salt and Fat Reduction in the Eastern Mediterranean Region*, Cairo, Egypt, 28-29 November 2012.  
[https://applications.emro.who.int/docs/IC\\_Meet\\_Rep\\_2013\\_EN\\_14875.pdf?ua=1](https://applications.emro.who.int/docs/IC_Meet_Rep_2013_EN_14875.pdf?ua=1)

World Health Organization. Regional Office for the Eastern Mediterranean. (2012). Summary Report of the Meeting: *Eastern Mediterranean Regional Consultation on the Development of an Updated Action Plan for the Prevention and Control of Noncommunicable Diseases (2013-2020)*, Cairo, Egypt, 30 June – 2 July 2012.

[https://www.emro.who.int/images/stories/ncd/documents/Summary\\_of\\_conclusions\\_of\\_the\\_EMR\\_Regional\\_NCD\\_Consultation.pdf](https://www.emro.who.int/images/stories/ncd/documents/Summary_of_conclusions_of_the_EMR_Regional_NCD_Consultation.pdf)

World Health Organization. Regional Office for the Eastern Mediterranean. (2012). *Report on the Joint WHO/Flour Fortification Initiative Harmonization Workshop for Wheat and Maize Flour Fortification*, Amman, Jordan, 20–22 February 2012.

[https://applications.emro.who.int/docs/IC\\_Meet\\_Rep\\_2012\\_EN\\_14767.pdf](https://applications.emro.who.int/docs/IC_Meet_Rep_2012_EN_14767.pdf)

*Guideline: Use of Multiple Micronutrient Powders for Home Fortification of Foods Consumed by Infants and Children 6-23 Months of Age.* (2011). World Health Organization.

World Health Organization. Regional Office for the Eastern Mediterranean. (2011). *Report on the Regional Workshop on Developing Plans of Action for Promotion of Physical Activity and Prevention and Control of Obesity*, Amman, Jordan, 8–11 March 2010.

<https://iris.who.int/handle/10665/116064>

World Health Organization. Regional Office for the Eastern Mediterranean. (2010). *Report on the Technical Consultation to Establish a Regional Nutrition Surveillance System with Focus on Micronutrient Malnutrition*, Damascus, Syrian Arab Republic 18–21 October 2009.

<https://iris.who.int/handle/10665/116021>

World Health Organization. Regional Office for the Eastern Mediterranean. (2010). *Country Cooperation Strategy for WHO and Jordan (2008 – 2013)*, Amman, Jordan.

[https://applications.emro.who.int/docs/CCS\\_Jordan\\_2010\\_EN\\_14473.pdf](https://applications.emro.who.int/docs/CCS_Jordan_2010_EN_14473.pdf)

World Health Organization. Regional Office for the Eastern Mediterranean. (2006). *Report on the Regional Workshop on National Nutrition Policy and Plan Formulation and Implementation*, Cairo, Egypt, 27–30 November 2006. [https://applications.emro.who.int/docs/who\\_em\\_nut\\_243\\_e\\_en.pdf](https://applications.emro.who.int/docs/who_em_nut_243_e_en.pdf)

## **MULTI-MEDIA PUBLICATIONS**

<https://www.tatyanaelkour.com/my-multi-media-hub>

// Quoted professionally: > 50 times on radio; > 50 times in consumer print media.

// Expert interviews: > 50 appearances in local & regional TV channels & International podcasts.

// Authored > 550 articles in leading newspapers in Jordan [Al Rai, Al Ghad, & The Jordan Times].

// Authored > 15 articles in popular magazines of Jordan [Royal Wings Magazine & JoHeart ].

## **REVIEWS**

### ***Initiatives/ Projects***

**2024** Evaluator & Mentor, 2024 World Food Forum Transformative Research Challenge.

**2020** Bardus M, Awada N, Ghandour LA, Fares EJ, Gherbal T, Al-Zanati T, Stoyanov SR  
The Arabic Version of the Mobile App Rating Scale: Development and Validation Study.  
*JMIR Mhealth Uhealth* 2020;8(3):e16956. doi: 10.2196/16956

**2017** Reviewer (& narrator) of the second module of the Academy of Nutrition & Dietetics  
Certificate of Training Program in Public Health Nutrition.

**2017** Academy of Nutrition & Dietetics Hunger-Free Communities Facilitator Guide & Tools.

**2011 - 2013** United Nations Trust Fund to End Violence Against Women. Operated by the United  
Nations Equity for Gender Equality & the Empowerment of Women (UN Women).

**2008** National Cancer Institute Publication. Eating Hints for Cancer Patients.

**2005 - 2006** Peer Review Committee of Oncology Nutrition Dietetic Practice Group. Oncology  
Nutrition Connection Publication.

### ***Scientific Journals***

#### **// Elsevier**

- > Journal of Nutrition Education and Behavior
- > American Journal of Preventive Medicine

#### **// Springer Nature**

- > Universal Access in the Information Society
- > Global Health Research and Policy
- > BMC Pregnancy and Childbirth
- > Scientific Reports

#### **// American Psychological Association**

- > Technology, Mind & Behavior (TMB)

#### **// Taylor & Francis**

- > Journal of Hunger and Environmental Nutrition

#### **// Wolters Kluwer - Lippincott**

- > Topics in Clinical Nutrition Journal
- > Nutrition Today

#### **// WisdomeGale**

- > European Journal of Scientific Research and Reviews

#### **// BMJ Group**

- > BMJ Open

### ***Position Papers***

**2016** Position of the Academy of Nutrition & Dietetics: Obesity, Reproduction, & Pregnancy Outcomes.

### ***Scientific Abstracts***

**2025** American Psychological Association Annual Convention, Division 38 (Society for Health Psychology Program) & Division 52 (Society for Global Psychology).

**2005 - 2025** Academy of Nutrition and Dietetics Annual Food and Nutrition Conference and Exhibition.

**2016 – 2020 & 2024 - 2025** Society for Nutrition Education and Behavior.

**2015 – 2020 & 2025** American Society for Nutrition.

**2015 - 2017** International Communication Association, divisions of Children, Adolescents & Media, Global Communication & Social Change, Health Communication, and Mobile Communication.

**2010 & 2012** Union for International Cancer Control, World Cancer Congress 2010 & 2012.

### **EDITORIAL BOARD MEMBERSHIP**

**2025 - 2028** Journal of Hunger and Environmental Nutrition.

**2024 - 2025** Nutrition Today.