

AI & PSYCHOLOGY SHOWCASE



01

PRESENTATIONS & WEBINARS

June 2026

“Disrupting the Algorithm: Reclaiming Power in SBCC through AI, Nutrition, and Community Agency”. Speaker. International SBCC Summit 2026. Panama City, Panama.

August 2025

"Shaping Choices: How AI and AGI Influence Media Consumption, Food Decisions, and Consumer Psychology". Speaker. Symposium entitled "The AI Revolution: Exploring Social and Psychological Impact of Strong AI". 2025 American Psychological Association Annual Convention. Denver, CO, USA.

August 2024

"Predictive AI Power: Solutions for an Impactful Psychology Practice". Feature Stage: Spotlight Speaker. Symposium entitled "Integrative Reality: Future of AI & Psychology". 2024 American Psychological Association Annual Convention. Seattle, WA, USA.

August 2023

"The Transformative Impact of the Metaverse on Behavior Change". Speaker. Symposium 2.0: The Metaverse and AI's Transformative Power in Shaping the Future. Division: 46 – Society for Media Psychology and Technology. APA 2023. Washington, DC & Virtual.

August 2022

"AI-Powered Solutions for Public Health Good". Speaker. Sym22861: Metaverse, Humanitarian AI & Digital Identities: Designing for Good. Society for Media Psychology & Technology (Division 46) Programming for the 2022 APA Meeting. Minneapolis, MN & Virtual.

August 2020

"Disrupting the Health System Cycle: Re-Imagining AI's Role for Psyche-Smart Practice?". Session Speaker. Symposium entitled "Strategizing AI in Psychology Practice: Luxury or Necessity?". 2020 American Psychological Association Annual Convention. Virtual.

August 2019

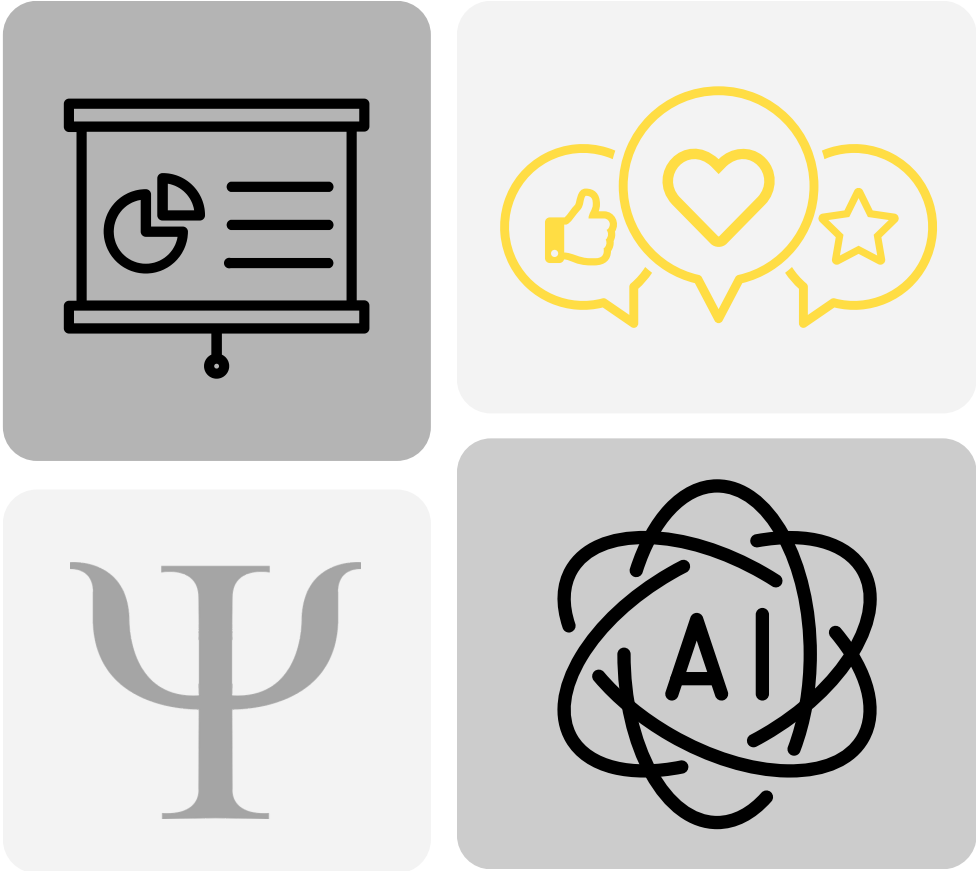
"Can AI Bring Healthier Lifestyles and Solve World Problems?". Session Speaker. Symposium entitled "Will Adopting AI Technologies Bring More Benefit or Chaos for Psychologists?". 2019 American Psychological Association Annual Convention. Chicago, IL, USA.

August 2017

"The Mediated Appetite: How Will We Eat in 2050?". Session Speaker. Symposium entitled "The Accelerating Landscape: Virtual Reality, Avatars, Robotics, and Artificial Intelligence". American Psychological Association Annual Convention. Washington, DC, USA.

RESEARCH SCHOLARY ACTIVITIES

// Find me on [ORCID](#), [Web of Science](#), [Scopus](#), [Google Scholar](#), [Academia](#), & [ResearchGate](#).



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02 PODCASTS

May 2026
Before you choose your meal ...
Artificial Intelligence may have
chosen for you first | Waee Podcast
Ep 60

November 2025
Body Image, AI & Diet Culture:
How "What I Eat in a Day" Videos
Impact Self-Worth | ANEW Ep 124

November 2025
Scroll, Click, Crave:
How AI and Media Manipulate Our
Eating Habits | ANEW Ep 123

October 2025
Invisible Influence: What's Really
Driving Your Thoughts, Feelings &
Behaviors? | Love, Happiness and
Success with Dr. Lisa Marie Bobby

03 BLOGS

El-Kour, T. (2026, July 30).
Shaping Choices: How AI and AGI
Are Rewriting the Psychology of
What We Watch and Eat. *Dr.*
Tatyana El-Kour Blog.
[https://www.tatyanaelkour.com/p
ost/shaping-choices-how-ai-and-
agi-are-rewriting-the-psychology-
of-what-we-watch-and-eat](https://www.tatyanaelkour.com/post/shaping-choices-how-ai-and-agi-are-rewriting-the-psychology-of-what-we-watch-and-eat)

04 SPECIALITY TRAININGS

Responsible Use of
AI - Supervision. (2026). National
Psychology Training Consortium
[NPTC].

